

Ongoing Living Update of Potential COVID-19 Therapeutics: Summary of Rapid Systematic Reviews

RAPID REVIEW – 8 September 2020

(The information included in this review reflects the evidence as of the date posted in the document. Updates will be developed according to new available evidence)

Disclaimer

This document includes the results of a rapid systematic review of current available literature. The information included in this review reflects the evidence as of the date posted in the document. Yet, recognizing that there are numerous ongoing clinical studies, PAHO will periodically update these reviews and corresponding recommendations as new evidence becomes available.





Ongoing Living Update of Potential COVID-19 Therapeutics: summary of rapid systematic reviews

Summary of the evidence:

In this section we present a summary of identified bodies of evidence on the management of patients with COVID-19, by intervention. Table 1 summarizes the evidence provided by randomized controlled trials (RCT) and table 2, the evidence from non-randomized controlled trials (non-RCT).

Table 1. Interventions effects and certainty in RCT

Intervention	Overall number of studies including the intervention, n=82	Mortality (n of studies)	Mechanical ventilation (n of studies)		Symptom resolution (n of studies)	Prevention of infection (n of studies)	Adverse events (n of studies)
Hydroxychloroquine or Chloroquine	16	• •	· · · · · · · · · · · · · · · · · · ·	3	3		,
Glucocorticoids	9	9)	4	2		5
Lopinavir-Ritonavir	7	2	2	1	1		1
Remdesivir	4	3		2	3		3
Convalecent plasma	4	4		2	3		1
Favipravir	3			П	2		
Tocilizumab	2	1		1	1		2
Azithromycin	2	2	2		1		1
Umifenovir	2						
Coclchicine	2	1		1			
Sofosbuvir/Daclatasvir	2	1		1			
Ivermectin	2	1		1		1	
Interferon beta-1a	1	1		1	1		
Interferon beta-1b	1	1		1	1		
Ruxolitinib	1				1		
Novaferon	1			_			
Baloxavir	1				1		
Ribavirin	1						
IFN-alpha2b + IFN-gamma	1						
Ribavirin + Interferon beta-1b	1						
Ramipril	1	1	l			1	
Febuxostat	1						
IFX-1	1	1	l				1
Darunavir-Cobicistat	1						
Lincomicin	1						
99mTc-MDP	1						
Azvudine	1						
Aprepitant	1						
α-Lipoic acid	1	1					
IVIG	1	1		1			1
Leflunomide	1						
Telmisartan	1	1		1			
Icatibant	1	1					
iC1e/K	1	1					
Vitamin C	1	1		1	1		
Mesenchimal cell tranplantation	1				1		
Auxora	1	1		1			
Bromhexine Hydrochloride	1				1		
Vitamin D	1						





Table 2. Selected interventions effects and certainty in non-RCT

Intervention	Overall number of studies including the intervention	Mortality (n of studies)	Mechanical ventilation (n of studies)	Symptom resolution (n of studies)	Prevention of infection (n of studies)	Adverse events (n of studies)
Tocilizumab	9	9)			
Convalecent plasma	4	3	3			1*
Anticoagulants	3	3	3			
Colchicine	1	1				
Ivermectin	1	1				

^{*} Only specific transfusion related adverse events





Take home message thus far

- More than 200 therapeutic options or their combinations are being investigated in more than 1,700 clinical trials. In this review we examined 40 therapeutic options.
- The body of evidence on steroids including nine RCT shows that low/moderate dose treatment schemes (RECOVERY trial dose was 6 mg of oral or intravenous preparation once daily for 10 days) are effective in reducing mortality in patients with severe COVID-19 infection.
- The results of three RCT suggest that remdesivir may reduce mortality and improve time to symptom resolution. However certainty of the evidence is low and further research is needed to confirm or discard those findings.
- The body of evidence on hydroxychloroquine and Lopinavir-Ritonavir, including anticipated RECOVERY Trial findings shows no benefit in terms of reducing mortality or reduced time to clinical improvement. Two studies assessed hydroxychloroquine in exposed individuals and showed a non-statistically significant trend towards reduction in symptomatic infection. Further research is needed to confirm or discard those findings.
- The results of four RCT assessing convalescent plasma in COVID-19 patients showed a non-statistically significant trend towards reduction in mortality and mechanical ventilation requirements. However certainty of the evidence is low and further research is needed to confirm or discard those findings.
- Currently, as to tocilizumab, the results of one RCT providing low certainty evidence suggest no mortality reduction with a trend towards less mechanical ventilation requirement and faster symptom resolution. Further research is needed to confirm or discard those findings.
- Currently, as to ivermectin, there is very low certainty of its effects on clinical important outcomes.
- Thromboembolic complications in patients infected with COVID-19 are relatively frequent. Current guidelines recommend thromboprophylaxis in hospitalized COVID-19 patients with severe or critical medical conditions.
- The use of medications such as ivermectin, antivirals, and immunomodulators, among others, should be done in the context of patient consented, ethically approved, randomized clinical trials that evaluate their safety and efficacy.





- The Pan American Health Organization (PAHO) is continually monitoring ongoing research on any possible therapeutic options. As evidence emerges, then PAHO / WHO will immediately assess and update its position, and particularly as it applies to any special sub-group populations such as children, expectant mothers, those with immune conditions etc.
- PAHO is also mindful of the emerging differential impact of COVID-19 on ethnic and minority groups and is continuously seeking data that could help in mitigating excess risk of severe illness or death to minority sub-groups. These groups are plagued by social and structural inequities that bring to bear a disproportionate burden of COVID illness onto them.
- The safety of the patient suffering from COVID-19 is a key priority to improve the quality of care in the provision of health services.
- There remains an urgent need for additional high-quality randomized controlled trials that includes patients with COVID-19 before most therapeutic options can be administered with any confidence. The importance of an adequately designed and reported clinical trial is paramount in evidence-based medicine. Most of the research to date on COVID has very poor methodology that is hidden and very difficult to validate. The depth of transparency that is required is very lacking.



Mensajes clave hasta el momento

- Más de 200 intervenciones terapéuticas o sus combinaciones están siendo investigadas en más de 1700 estudios clínicos. En esta revisión se exploran 39 intervenciones para el manejo de pacientes con COVID-19.
- El cuerpo de evidencia sobre los esteroides incluye nueve estudios controlados y aleatorizados (ECA) y muestra que esquemas con dosis bajas a moderadas (la dosis utilizada en el estudio RECOVERY fue dexametasona 6 mg por vía oral o endovenosa al día por 10 días) reducen la mortalidad en pacientes con infección grave por COVID-19.
- Los resultados de tres ECA sugieren que remdesivir podría reducir la mortalidad y mejorar el tiempo hasta la resolución de los síntomas. Sin embargo, la certeza en la evidencia es baja y es necesaria más información de estudios adecuadamente diseñados para confirmar o descartar estos hallazgos.
- El cuerpo de la evidencia sobre hidroxicloroquina y lopinavir-ritonavir, incluidos resultados preliminares del estudio RECOVERY, no muestra beneficios en la reducción de la mortalidad o en el plazo para mostrar una mejoría clínica. Dos estudios que evaluaron la hidroxicloroquina en personas expuestas a la COVID-19 mostraron una tendencia no estadísticamente significativa hacia una reducción en el riesgo de infección. Más información de estudios adecuadamente diseñados es necesaria para confirmar o descartar estos hallazgos.
- Los resultados de cuatro ECA que evaluaron el uso de plasma de convaleciente en pacientes con COVID-19 mostraron una tendencia no estadísticamente significativa hacia una reducción en la mortalidad y en la necesidad de ventilación mecánica invasiva. Sin embargo, la certeza en la evidencia es baja y se necesita más información de estudios adecuadamente diseñados para confirmar o descartar estos hallazgos.
- Hasta el momento, en relación con tocilizumab, los resultados de un ECA no muestran ningún beneficio en la mortalidad con una tendencia hacia la reducción de la ventilación mecánica y al incremento en la velocidad de resolución de los síntomas. Sin embargo, la certeza en la evidencia es baja y se necesita más información de estudios adecuadamente diseñados para confirmar o descartar estos hallazgos.
- Hasta el momento, en relación con ivermectina hay evidencia de muy baja certeza, por lo que sus efectos son inciertos. Se necesita más información de estudios adecuadamente diseñados para evaluar la utilidad de ivermectina en este supuesto.





- Las complicaciones tromboembólicas en pacientes con COVID-19 son frecuentes. Al igual que en pacientes hospitalizados por afecciones médicas graves, las directrices de práctica clínica vigentes sugieren que pacientes hospitalizados por COVID-19 sean tratados con medidas tromboprofilácticas.
- El uso de medicamentos como ivermectina, antivirales e inmunomoduladores, entre otros, debería realizarse solo en el ámbito de estudios clínicos diseñados para evaluar su eficacia y seguridad, éticamente aprobados y con previo consentimiento de los pacientes.
- La Organización Panamericana de la Salud (OPS) está monitoreando continuamente la evidencia en relación con cualquier posible intervención terapéutica. A medida que se disponga de nueva evidencia, la OPS la incorporará de inmediata y actualizará sus recomendaciones, especialmente si dicha evidencia se refiere a grupos especiales como los niños, las mujeres embarazadas o los pacientes inmunocomprometidos, entre otros.
- La OPS también tiene en cuenta las diferencias en los efectos de la COVID-19 en función de la identidad étnica de las personas y sobre las minorías. En consecuencia, recopila de manera continua información que pueda servir para mitigar el exceso de riesgo de enfermedad grave o muerte de estas minorías. Estos grupos sufren inequidades sociales y estructurales que conllevan una carga desproporcionada relacionada con la COVID.
- La seguridad de aquellos pacientes afectados por la COVID-19 es una prioridad para mejorar la calidad de la atención y los servicios de salud.
- Sigue siendo apremiante la necesidad de elaborar ensayos clínicos aleatorizados de alta calidad, que incluyan pacientes infectados con COVID-19 a fin de poder desarrollar estrategias de manejo confiables. La importancia de los ECA adecuadamente diseñados es fundamental en la toma de decisiones basadas en la evidencia. Hasta el momento, la mayoría de la investigación en el campo de la COVID-19 tiene muy baja calidad metodológica, lo que dificulta su uso e implementación.





Background

The vast amount of data that will be coming will present important challenges and it must be interpreted quickly so that the correct most optimal treatment decisions can be made with as least harm to patients, and that manufacturers and supply chains can scale up production rapidly. This will ensure that reportedly successful drugs can be administered to as many patients and in as timely a manner as possible. Moreover, if evidence indicates that a medication is potentially suboptimal and not effective, then the many ongoing clinical trials could change focus and pivot onto more promising alternatives. Additionally, many are using drugs already in huge volumes and also via compassionate or single use applications. It is absolutely imperative therefore that prescribers be given the most updated research evidence fast to inform if what was done was optimal or if it is not optimal or even harmful to patients. The following evidence-database was compiled to orient the published studies thus far and will endeavour to add to this table list as research is released into the public space.



Methods

Search methods

We systematically searched in L·OVE (Living OVerview of Evidence) platform for COVID-19, a system that maps PICO questions to a repository developed by Epistemonikos Foundation. This repository is continuously updated through searches in electronic databases, preprint servers, trial registries, and other resources relevant to COVID-19. The last version of the methods, the total number of sources screened, and a living flow diagram and report of the project is updated regularly on the website. 2

The repository is continuously updated, and the information is transmitted in real-time to the L·OVE platform, however, it was last checked for this review the day before release on september 7, 2020. The searches covered the period from the inception date of each database, and no study design, publication status or language restriction was applied.

Study selection

The results of the searches in the individual sources were de-duplicated by an algorithm that compares unique identifiers (database ID, DOI, trial registry ID), and citation details (i.e. author names, journal, year of publication, volume, number, pages, article title, and article abstract). Then, the information matching the search strategy was sent in real-time to the L·OVE platform where at least two authors independently screened the titles and abstracts yielded against the inclusion criteria. We obtained the full reports for all titles that appeared to meet the inclusion criteria or required further analysis and then decided about their inclusion.

Living evidence synthesis

An artificial intelligence algorithm deployed in the Coronavirus/COVID-19 topic of the L·OVE platform provides instant notification of articles with a high likelihood of being eligible. The authors review them, decide upon inclusion, and update the living web version of the review accordingly.





The focus has been on RCTs studies for all of included therapeutic pharmacological interventions (adults and children). Adults and children exposed to or with confirmed or suspected COVID-19 were and will be included. Trials that compare interventions head-to-head or against no intervention or placebo is the focus. We have focused on comparative effectiveness studies that provide evidence on patient-important outcomes (mortality, mechanical ventilation, symptom resolution or improvement, infection (prophylaxis studies) and severe adverse events).³ No electronic database search restrictions were imposed. If meta-analytical pooling was and is possible from retrieved evidence, this review would seek to do this to derive more precise estimates of effect and derive additional statistical power.

In addition to RCT, we included and will continue to include, comparative non-RCT which report on effects of specific interventions that are being extensively used within the region (table 2.). We presented results of RCT and non-RCT separately.⁴

For any meta-analytical pooling if and when data allowed, we pooled all studies. We presented the combined analysis relative and absolute effects. To assess interventions' absolute effects we applied relative effects to baseline risks (risks with no intervention). We extracted mortality and mechanical ventilation baseline risks from ISARIC cohort (https://isaric.tghn.org/), for baseline infection risk in exposed to COVID-19 we used estimates from a SR on physical distancing and mask utilization, and for adverse events and symptom resolution/improvement we used the mean risk in the control groups from included RCT. For mortality there were some drug instances whereby we provide systematic-review (meta-analysis) evidence indirectly related to COVID-19 patients e.g. corticosteroids in patients with ARDS.

A risk of bias assessment was applied to RCTs focusing on randomization, allocation concealment, blinding, attrition, or other relevant biases to the estimates of effect. For non-RCT potential residual confounding was assumed in all cases and certainty of the evidence was downgraded twice for RoB. The GRADE approach was used to assess the certainty on the body of evidence, for every comparison, on an outcome basis.





Results

Risk of Bias

Overall, our risk of bias assessment for the limited reported RCTs resulted in high risk of bias due to suboptimal randomization, allocation concealment, and blinding (as well as other methodological and reporting concerns). Most RCTs were also very small in size and had small event numbers. The methods were very poor overall and the reporting was very sub-optimal. For the observational studies we had concerns with the representativeness of study groups (selection bias) and imbalance of the known and unknown prognostic factors (confounding). Many studies are also at risk of being confounded by indication. Most are not prospective in nature and the outcome measures are mainly heterogeneous with wide variation in reporting across the included studies. In general, follow-up was short and as mentioned, confounded potentially by severity of disease, comorbidities, previous or concomitant COVID-19 treatment. The Risk of Bias assessment of each randomized controlled trial is presented in table 3. in the appendix.

Main findings

Corticosteroids:

We identified 9 RCT including 7823 in which systemic steroids (dexamethasone, methylprednisolone or hydrocortisone) were compared against standard of care or other treatments. RECOVERY trial was the biggest with 2104 patients assigned to dexamethasone and 4321 to standard of care. All nine studies included patients with severe to critical disease as mortality in the control groups ranged from 14.2% to 61.4%. In the RECOVERY trial a subgroup analysis by baseline respiratory support received informed significant differences favoring those with oxygen requirement. However as mortality was high in the subgroup of patients that did not receive baseline oxygen treatment (14%) we decided to adopt a conservative approach and include the primary analysis considering all randomized patients. Our results showed:

- Steroids significantly reduce mortality, RR 0.90 (95%CI 0.84to 0.97); RD -3.3% (95%CI -5.3% to -0.9%); High certainty ⊕⊕⊕⊕ (figure 1.)
- Steroids probably reduce mechanical ventilation requirement, RR 0.84 (95%CI 0.67 to 1.04); RD -1.8% (95%CI -3.8% to 0.4%); Moderate certainty ⊕⊕⊕○
- Steroids may improve time to symptom resolution, RR 1.41 (95%CI 1.08 to 1.83); RD 22.7% (95%CI 4.4% to 46%); Low certainty ⊕⊕⊖⊖





- Steroids may not significantly increase the risk of severe adverse events, RR 0.84 (95%CI 0.55 to 1.29); RD -0.9% (95%CI -2.4% to 1.6%); Low certainty ⊕⊕⊖⊖
- Results were consistent with trials in which steroids were used to treat patients with ARDS. No significant differences between subgroups of studies using different steroids were observed. (Figures 2. and 3.)

Figure 1. All-cause mortality with corticosteroids use vs. standard of care in randomized control trials including COVID-19 patients

Study	TE s	eΤΕ	Risk Ratio	RR	95%-CI	Weight (fixed)	Weight (random)
RECOVERY - Dexametha	sone -0.11 0.0	476		0.89	[0.81; 0.98]	65.6%	65.6%
GLUCOCOVID	0.22 0.4	806		1.24	[0.48; 3.19]	0.6%	0.6%
Metcovid	-0.03 0.1	299	+	0.97	[0.75; 1.25]	8.8%	8.8%
DEXA-COVID19	0.54 0.8	797		1.71	[0.31; 9.61]	0.2%	0.2%
REMAP-CAP	-0.17 0.1	715	 	0.84	[0.60; 1.18]	5.1%	5.1%
Steroids-SARI	-0.04 0.2	621		0.96	[0.57; 1.60]	2.2%	2.2%
COVID STEROID	1.03 0.7	270	-	2.80	[0.67; 11.64]	0.3%	0.3%
CoDEX	-0.09 0.0	968	+	0.92	[0.76; 1.11]	15.9%	15.9%
CAPE COVID	-0.64 0.3	377		0.53	[0.27; 1.02]	1.3%	1.3%
Fixed effect model			•	0.90	[0.84; 0.97]	100.0%	
Random effects model			♦	0.90	[0.84; 0.97]		100.0%
Heterogeneity: $I^2 = 0\%$, $\tau^2 =$	0, p = 0.59						
		0.1	0.5 1 2	10			



Figure 2. All-cause mortality with corticosteroids use vs. standard of care in randomized control trials including COVID-19 patients and ARDS patients

Study	TE seTE	Risk Ratio	RR	95%-CI	Weight (fixed)	Weight (random)
Population = ARDS patient	s	1				
Meduri 2007	-0.58 0.3147	-+-	0.56	[0.30; 1.04]	1.3%	1.3%
Rezk 2013	-2.53 2.4204			[0.00; 9.19]		0.0%
Steinberg 2006	0.02 0.2330	+		[0.65; 1.61]	2.4%	2.4%
Liu 2012	-1.11 0.7132		0.33	[0.08; 1.34]	0.3%	0.3%
Tangyuo 2016	-0.15 0.1831	+	0.86	[0.60; 1.23]	3.9%	3.9%
Villar 2020	-0.42 0.1906	+	0.66	[0.45; 0.96]	3.6%	3.6%
Zhao 2014	-0.17 0.3368	-	0.84	[0.43; 1.63]	1.1%	1.1%
Fixed effect model		o o	0.77	[0.63; 0.94]	12.6%	
Random effects model		d	0.77	[0.63; 0.94]		12.6%
Heterogeneity: $I^2 = 0\%$, $\tau^2 = 0$,	p = 0.44					
Population = COVID-19 pat	ients					
RECOVERY - Dexamethaso	ne -0.11 0.0476		0.89	[0.81; 0.98]	57.4%	57.4%
GLUCOCOVID	0.22 0.4806	+-	1.24	[0.48; 3.19]	0.6%	0.6%
Metcovid	-0.03 0.1299	#	0.97	[0.75; 1.25]	7.7%	7.7%
DEXA-COVID19	0.54 0.8797		1.71	[0.31; 9.61]	0.2%	0.2%
REMAP-CAP	-0.17 0.1715	+	0.84	[0.60; 1.18]	4.4%	4.4%
Steroids-SARI	-0.04 0.2621	+	0.96	[0.57; 1.60]	1.9%	1.9%
COVID STEROID	1.03 0.7270	+	2.80	[0.67; 11.64]	0.2%	0.2%
CoDEX	-0.09 0.0968	4	0.92	[0.76; 1.11]	13.9%	13.9%
CAPE COVID	-0.64 0.3377		0.53	[0.27; 1.02]	1.1%	1.1%
Fixed effect model		4	0.90	[0.84; 0.97]	87.4%	
Random effects model			0.90	[0.84; 0.97]		87.4%
Heterogeneity: $I^2 = 0\%$, $\tau^2 = 0$,	p = 0.59					
Fixed effect model		ė		[0.82; 0.95]	100.0%	-
Random effects model	-	- 4	0.88	[0.82; 0.95]		100.0%
Heterogeneity: $I^2 = 0\%$, $\tau^2 = 0$,		1 1 1	T			
Residual heterogeneity: $I^2 = 0$ %	6, p = 0.57 0.001	0.1 1 10	1000			



Figure 3. All-cause mortality with corticosteroids use vs. standard of care in randomized control trials including COVID-19 patients and ARDS patients by drug

Study	TE seTE	Risk Ratio	RR	95%-CI	Weight (fixed)	Weight (random)
Drug = Dexamethasone RECOVERY - Dexamethason DEXA-COVID19 CoDEX Villar 2020 Fixed effect model Random effects model Heterogeneity: $J^2 = 3\%$, $\tau^2 = 0.00$	0.54 0.8797 -0.09 0.0968 -0.42 0.1906	+	1.71 0.92 0.66 0.88	[0.81; 0.98] [0.31; 9.61] [0.76; 1.11] [0.45; 0.96] [0.82; 0.96] [0.81; 0.96]	0.2% 13.9% 3.6%	57.4% 0.2% 13.9% 3.6% 75.0%
Drug = Methylprednisone GLUCOCOVID Metcovid Steroids-SARI Meduri 2007 Rezk 2013 Steinberg 2006 Fixed effect model Random effects model Heterogeneity: I ² = 0%, τ ² = 0, p	0.22 0.4806 -0.03 0.1299 -0.04 0.2621 -0.58 0.3147 -2.53 2.4204 0.02 0.2330		0.97 0.96 0.56 0.08 1.02 0.93	[0.48; 3.19] [0.75; 1.25] [0.57; 1.60] [0.30; 1.04] [0.00; 9.19] [0.65; 1.61] [0.77; 1.13] [0.77; 1.13]	7.7% 1.9% 1.3% 0.0% 2.4%	0.6% 7.7% 1.9% 1.3% 0.0% 2.4%
Drug = Hydrocortisone REMAP-CAP COVID STEROID CAPE COVID Liu 2012 Tangyuo 2016 Fixed effect model Random effects model Heterogeneity: $I^2 = 36\%$, $\tau^2 = 0.0$	-0.17 0.1715 1.03 0.7270 -0.64 0.3377 -1.11 0.7132 -0.15 0.1831		2.80 0.53 0.33 0.86 0.81	[0.60; 1.18] [0.67; 11.64] [0.27; 1.02] [0.08; 1.34] [0.60; 1.23] [0.65; 1.01] [0.57; 1.10]	1.1% 0.3% 3.9%	4.4% 0.2% 1.1% 0.3% 3.9%
Drug = Budesonide Zhao 2014 Fixed effect model Random effects model Heterogeneity: not applicable	-0.17 0.3368	→	0.84	[0.43; 1.63] [0.43; 1.63] [0.43; 1.63]		1.1% 1.1%
Fixed effect model Random effects model Heterogeneity: $I^2 = 0\%$, $\tau^2 = 0$, ρ Residual heterogeneity: $I^2 = 12\%$		001 0.1 1 10 10		[0.82; 0.95] [0.82; 0.95]	100.0%	100.0%



Remdesivir:

We identified 4 RCT including 2277 in which remdesivir was compared against standard of care or other treatments. ACTT-1 trial is the biggest with 538 patients assigned to remdesivir and 521 to standard of care. Three studies included patients with severe disease as the mortality in the control groups ranged from 10.3% to 12.6%, and one study included non-severe patients with 2% mortality in the control arm. Our results showed:

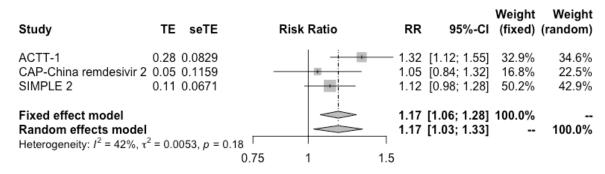
- Remdesivir may reduce mortality, RR 0.78 (95%CI 0.56 to 1.08); RD -7.3% (95%CI 14.5% to 2.6%); Low certainty ⊕⊕⊖⊖ (figure 4.)
- It is uncertain if remdesivir affects mechanical ventilation requirement; Very low certainty ⊕○○○
- Remdesivir may improve time to symptom resolution, RR 1.17 (95%CI 1.03 to 1.33); RD 3.8% (95%CI 0.7% to 7.4%); Low certainty ⊕⊕⊖⊖ (figure 5.)
- Remdesivir may not significantly increase the risk of severe adverse events, RR 0.91 (95%CI 0.52 to 1.59); RD -0.5% (95%CI -2.6% to 3.2%); Low certainty ⊕⊕○○

Figure 4. All-cause mortality with remdesivir use vs. standard of care in randomized control trials including COVID-19 patients

Study	TE	seTE		Ris	k Ra	tio	RR	95%-CI	Weight (fixed)	Weight (random)
CAP-China remdesivir 2	0.10	0.1948 0.3556 0.6651		_	-		1.10	[0.49; 1.04] [0.55; 2.21] [0.18; 2.40]	72.2% 21.7% 6.2%	72.2% 21.7% 6.2%
Fixed effect model Random effects model Heterogeneity: $I^2 = 0\%$, $\tau^2 = 0\%$	= 0, p =	= 0.54	0.2	0.5	1	2		[0.56; 1.08] [0.56; 1.08]	100.0%	100.0%



Figure 5. Symptom resolution or improvement with remdesivir use vs. standard of care in randomized control trials including COVID-19 patients



Hydroxychloroquine and Chloroquine:

We identified 16 RCT including 10066 patients in which hydroxychloroquine or chloroquine was compared against standard of care or other treatments. RECOVERY trial was the biggest with 1561 patients assigned to dexamethasone and 3155 to standard of care. In RECOVERY trial patients had severe disease as mortality risk in the control arm was 24.9%. The remaining studies included patients with non-severe disease as mortality risk in the control arms ranged from 0 to 5.2%. Additionally we identified two studies in which hydroxychloroquine was used in healthy persons to prevent COVID-19 infection. Our results showed:

- Hydroxychloroquine or Chloroquine probably does not reduce mortality, RR 1.08 (95%CI 0.97 to 1.19); RD 2.6% (95%CI -1% to 6.3%); Moderate certainty ⊕⊕⊕○ (figure 6.)
- Hydroxychloroquine or Chloroquine probably does not reduce mechanical ventilation requirement; RR 1.1 (95%CI 0.89 to 1.35); RD 1.2% (95%CI -1.3% to 4%); Moderate certainty ⊕⊕⊕○
- Hydroxychloroquine or Chloroquine may not improve time to symptom resolution, RR 1.1 (95% CI 0.92 to 1.31); RD 5.5% (95% CI -4.4% to 17.2%); Low certainty ⊕⊕⊖⊖
- Hydroxychloroquine or Chloroquine may marginally reduce COVID-19 symptomatic infection in exposed individuals, RR 0.85 (95%CI 0.64 to 1.13); RD -2.6% (95%CI 6.3% to 2.3%); Very Low certainty ⊕○○○ (figure 7.)
- Hydroxychloroquine or Chloroquine may increase the risk of severe adverse events, RR 1.22 (95%CI 0.65 to 2.28); RD 1.2% (95%CI -1.9% to 6.9%); Low certainty ⊕⊕⊙





Figure 6. All-cause mortality with hydroxychloroquine or chloroquine use use vs. standard of care in randomized control trials including COVID-19 patients

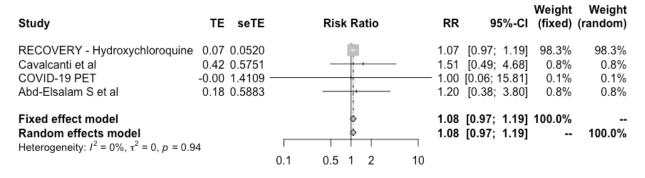
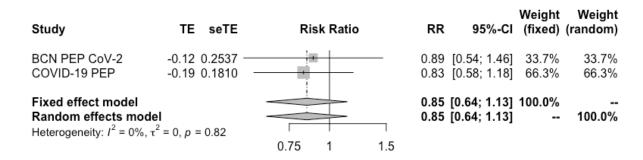


Figure 7. Symptomatic infection with hydroxychloroquine or chloroquine use vs. no prophylaxis in randomized control trials including persons exposed to COVID-19



Lopinavir-Ritonavir:

We identified 6 RCT including 5391 patients in which lopinavir-ritonavir was compared against standard of care or other treatments. RECOVERY trial was the biggest with 1596 patients assigned to dexamethasone and 3376 to standard of care. Two studies provided information on mortality outcome, both included patients with severe disease as mortality risk in control arms were 21.3 and 25%. Our results showed:

- Lopinavir-Ritonavir probably does not reduce mortality, RR 1 (95%CI 0.83 to 1.21); RD 0% (95%CI -5.6% to 6.9%); Moderate certainty ⊕⊕⊕○ (figure 8.)
- It is uncertain if lopinavir-ritonavir affects mechanical ventilation requirement; Very low certainty ⊕○○○
- It is uncertain if lopinavir-ritonavir affects symptom resolution or improvement; Very low certainty ⊕○○○





• Lopinavir-ritonavir may not increase the risk of severe adverse events, RR 0.6 (95%CI 0.37 to 0.98); RD -2.2% (95%CI -3.4% to -0.09%); Low certainty ⊕⊕○○

Figure 8. All-cause mortality with lopinavir-ritonavir vs. standard of care in randomized control trials including COVID-19 patients

Study	TE seTE		Risk Ratio	RR		Weight (fixed)	Weight (random)
LOTUS China RECOVERY - Lopinavir-ritonavir	-0.26 0.2693 0.04 0.0575		1		[0.45; 1.30] [0.93; 1.16]		12.1% 87.9%
Fixed effect model Random effects model Heterogeneity: $I^2 = 17\%$, $\tau^2 = 0.007$	7, p = 0.27	0.5	1		[0.92; 1.14] [0.83; 1.21]		 100.0%

Convalescent plasma:

We identified 4 RCT including 734 patients in which convalescent plasma was compared against standard of care or other treatments. Agarwal et al performed the biggest study to date including 235 patients in the intervention arm and 229 in control. All studies included severe patients as mortality in the control arms ranged from 10% to 25.6%. Convalescent plasma was administered in one or two infusions to symptomatic patients in all cases. Our results showed:

- Convalescent plasma may reduce mortality, RR 0.77 (95%CI 0.48 to 1.24); RD -7.6% (95%CI -17.1% to 7.9%); Low certainty ⊕⊕○○ (figure 9.)
- Convalescent plasma may reduce mechanical ventilation requirements, RR 0.79 (95% CI 0.44 to 1.44); RD -2.4% (95%CI -6.5% to 5.1%); Low certainty ⊕⊕○○.
- It is uncertain if convalescent plasma affects symptom resolution or improvement; Very low certainty ⊕○○○
- Specific adverse events related to convalescent plasma infusion are probably rare: Transfusion related circulatory overload 0.14%; Transfusion related lung injury 0.22%; Severe allergic transfusion reaction 0.06%



Figure 9. All-cause mortality with convalescent plasma vs. standard of care in randomized control trials including COVID-19 patients

Study	TE seTE	Risk Ratio	R	R 95%-CI	Weight (fixed)	Weight (random)
Li L et al CONCOVID	-0.42 0.4117 -0.61 0.4594	- 		55 [0.29; 1.47] 55 [0.22; 1.34]		25.2% 21.4%
ConPlas-19 Agarwal	-2.07 1.4740 — 0.07 0.2303		0.1	3 [0.01; 2.26] 7 [0.68; 1.68]	1.5%	2.6% 50.7%
Fixed effect model			0.0	4 [0.59; 1.21]	100.0%	
Random effects mo Heterogeneity: $I^2 = 25$ %			10 100	7 [0.48; 1.24]	-	100.0%

Tocilizumab:

We identified 1 RCT including 438 patients in which tocilizumab was compared against standard of care or other treatments and informed on mortality outcome. The study included severe patients as mortality in the control arm was 19.4%. Our results showed:

- Tocilizumab may not reduce mortality, RR 1.01 (95%CI 0.68 to 1.52); RD 0.5% (95%CI -10.6% to 17.2%); Low certainty ⊕⊕⊖⊖ (figure 10.)
- Tocilizumab may marginally reduce mechanical ventilation requirements, RR 0.76 (95%CI 0.53 to 1.09); RD -2.8% (95%CI -5.4% to 1%); Low certainty ⊕⊕○○
- Tocilizumab may slightly improve time to symptom resolution, HR 1.26 (95%CI 0.97 to 1.64); RD 8.4% (95%CI -1.1% to 18%); Low certainty ⊕⊕○○
- Tocilizumab may not significantly increase severe adverse events, RR 0.91 (95%CI 0.7 to 1.18); RD -0.4% (95%CI -1.6% to 1%); Low certainty ⊕⊕○○

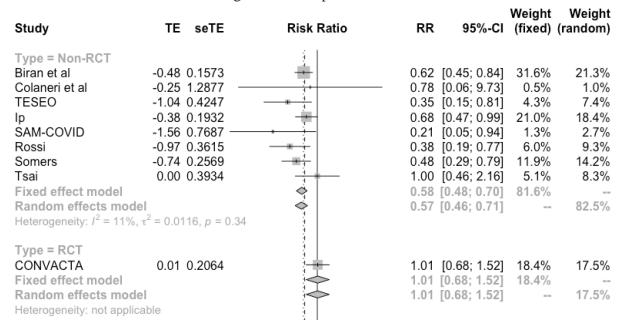
In addition, we identified nine non-RCT that included more than 100 individuals and informed on mortality comparing patients that were treated with or without tocilizumab. Our results showed:

Pooled estimates from non-RCT suggest possible reduction in mortality (RR 0.57 95%CI 0.46 to 0.71) but certainty is very low ⊕○○○ (figure 10.). These findings should be interpreted with extreme caution as they are exposed to risk of bias due to potential baseline patient prognostic imbalances





Figure 1. All-cause mortality with tocilizumab vs. standard of care in randomized control trials and non-randomized control trials including COVID-19 patients



Anticoagulants:

Thromboembolic complications in patients infected with COVID-19 are relatively frequent.⁷ As for hospitalized patients with severe medical conditions current guidelines recommend thromboprophylactic measures to be adopted for inpatients with COVID-19 infection.⁸ To date, no appropriately designed studies comparing different prophylactic strategies have been published. Hence, optimal intervention, dose and timing remains to be determined.



Table 2. Description of included studies and interventions effects

Study; publication status	Patients and interventions analysed	Comorbidities	Additional interventions	Rob and study limitations	Interventions effects vs standard of care (SOC) and GRADE certainty of the evidence				
	Uncerta	99m' inty in potential benefits	Tc-MDP and harms. Further rese	arch is needed.					
RCT									
Yuan et al; ⁹ Preprint; 2020	Patients with mild COVID-19 infection. 10 assigned to 99mTc-MDP 5/ml once a day for 7 days and 11 assigned to SOC	Median age 61 ± 20, male 42.9%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: No information Mechanical ventilation: No information Symptom resolution or improvement: No information Symptomatic infection (prophylaxis studies): No information Adverse events: No information				
Anticoagulants There are specific recommendations on the use of antithrombotic agents. ⁸ Studies are ongoing to evaluate the preventive and therapeutic use of antithrombotic agents to mitigate the thrombotic and hemorrhagic events and assess the potential drug interactions with investigational drugs. Non-RCT									
Tang et al; ¹⁰ Peer reviewed; 2020	Patients with severe COVID-19 infection.	Mean age 65.1 ± 12, male 59.6%,	NR	High for mortality	Mortality: Very Low certainty ⊕○○				



	99 received Anticoagulants (heparins mostly in prophylaxis dose) for 7 days or longer and 350 received alternative treatment schemes	comorbidities 60.6%		Notes: Non-randomized study. Retrospective design. Regression score was implemented to adjust for potential confounders (age, sex, comorbidities and coagulation parameters)
Motta et al; ¹¹ Preprint; 2020	Patients with moderate to severe COVID-19 infection. 75 received Anticoagulants heparins in therapeutic dose and 299 received heparins in prophylactic dose	31.6%, chronic lung disease 25.1%, CHD	Hydroxychloroquine 58.6%, lopinavir-ritonavir 50.8%, tocilizumab 15%, ATB 58%	High for mortality Notes: Non- randomized study. Retrospective design. Regression was implemented to adjust for potential confounders (age, sex, race, ethnicity, BMI, smoking status, dibetes immunosupression, heart disease, pulmonary disease, kidney disease, cancer, hyperlipidemia, need for ICU admission, mechanical ventilation, pharmacological treatments, laboratory measurments)
Ayerbe et al; ¹² Peer reviewed; 2020	Patients with moderate to severe COVID-19 infection. 1734 received Anticoagulants heparins in any dose and 285 received alternative treatment schemes	male 60.5%,	Steroids 46.2%, hydroxychloroquine 89.5%, lopinavir- ritonavir 59.3%, tocilizumab 20.3%, azithromycin 58.9%	High for mortality Notes: Non- randomized study. Retrospective design. Regression was implemented to adjust for potential confounders (age, sex, clinical parameters and





	1	1	1		
				concomitant interventions)	
	Uncerta	${f Ap}$ inty in potential benefits	repitant and harms. Further re	search is needed.	
RCT					
Mehboob et al; ¹³ Preprint; 2020	Patients with mild to critical COVID-19 infection. 10 assigned to Aprepitant 80mg once a day for 3-5 days and 8 assigned to SOC	Mean age 54.2 ± 10.91, male 61.1%,	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: No information Mechanical ventilation: No information Symptom resolution or improvement: No information Symptomatic infection (prophylaxis studies): No information Adverse events: No information
	Uncerta	f Ainty in potential benefits	UXOFA and harms. Further re	search is needed.	
RCT					
Miller et al; ¹⁴ Peer reviewed; 2020	Patients with severe COVID-19 infection. 17 assigned to Auxora initial dose 2.0 mg/kg (max 250 mg), followed by 1.6 mg/kg (max 200 mg) at 24 and 48 h and 9 assigned to SOC	Mean age 60 ± 12, male 46.1%, hypertension 46.1%, diabetes 38.4%,	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate. Analysis performed on a subgroup (patients	Mortality: Very Low certainty 🕀 🔾 🔾 Mechanical ventilation: Very Low certainty 🕀 🔾 🔾 Symptom resolution or improvement: No information





		Azith	romycin	that requires HFNC were excluded form primary analysis).	Symptomatic infection (prophylaxis studies): No information Adverse events: No information	
Azithrimycin	may not affect mortality			e of imprecision. Further re	esearch is needed.	
Sekhavati et al; ¹⁵ Peer reviewed; 2020	Patients with moderate to severe COVID-19 infection. 56 assigned to azithromycin 500 mg twice-daily and 55 assigned to SOC	Mean age 57.1 ± 15.73, male 45.9%	Hydroxychloroquine 100%, lopinavir- ritonavir 100%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: RR 1.05 (95%CI 0.83 to 1.33); RD 1.6% (95%CI -5.6% to 10.9%); Low certainty ⊕⊕⊖⊖	
Guvenmez et al; ¹⁶ Peer reviewed; 2020	Patients with moderate COVID-19 infection. 12 assigned to Lincomicin 600mg twice a day for 5 days and 12 assigned to Azithromycin 500mg on first day followed by 250mg a day for 5 days	Mean age 58.7 ± 16, male 70.8%,	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mechanical ventilation: No information Symptom resolution or improvement: Very Low certainty Symptomatic infection (prophylaxis studies): No	
COALITION II trial; ¹⁷ Furtado et al; Peer reviewed; 2020	Patients severe COVID-19. 214 assigned to azithromycin 500mg once a day for 10 days and 183	Median age 59.8 ± 19.5, male 66%, hypertension 60.7%, diabetes 38.2%, chronic lung disease 6%, asthma %, CHD	Steroids 18.1%, remdesivir %, hydroxychloroquine %, lopinavir-ritonavir 1%, tocilizumab %, azithromycin %,	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded	Adverse events: Very Low certainty ⊕○○○	



5.8%, CKD 11%,

assigned to SOC

study which might

convalescent plasma



disease 3.8%, immunosuppression %, cancer 3.5%,	ATB 85%	have introduced bias to symptoms and adverse events outcomes results.	
obesity %			

Azvudine

Uncertainty in potential benefits and harms. Further research is needed.

RCT

Ren et al; ¹⁸ Peer reviewed; 2020	Patients with mild to moderate COVID-19 infection. 10 assigned to Azvudine 5mg once a day and 10 assigned to SOC	Median age 52 ± 59, male 60%, hypertension 5%, diabetes 5%, CHD 5%	Antivirals 100%, ATB 40%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: No information Mechanical ventilation: No information Symptom resolution or improvement: No information Symptomatic infection
					Adverse events: No information

Baloxavir

Uncertainty in potential benefits and harms. Further research is needed.

RCT

Lou et al; ¹⁹ Preprint; 2020		Mean age 52.5 ± 12.5, male 72.4%,	•	High for mortality and mechanical ventilation;	Mortality: No information
	infection. 10 assigned to Baloxavir 80mg a day on days 1, 4 and 7, 9 assigned	13.8%		High for symptom resolution, infection and adverse events	Mechanical ventilation: No information
	to favipravir and 10 assigned to SOC			Notes: Non-blinded study. Concealment of allocation probably	Symptom resolution or improvement: Very





RCT	Uncerta	Bromhexine	Hydrochloride	arch is needed.	Low certainty October 1985 Symptomatic infection (prophylaxis studies): No information Adverse events: No information			
Li T et al; ²⁰ Peer reviewed; 2020	Patients severe to critical COVID-19. 12 assigned to Bromhexine Hydrochloride 32mf three times a day for 14 days and 6 assigned to SOC	Median age 52 ± 15.5, male 77.8%, hypertension 33.3%, diabetes 11.1%	Steroids 22.2%, IFN 77.7%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: No information Mechanical ventilation: No information Symptom resolution or improvement: Very Low certainty Ohio Symptomatic infection (prophylaxis studies): No information Adverse events: No information			
рст	Colchicine Uncertainty in potential benefits and harms. Further research is needed.							
RCT GRECCO-19 trial; ²¹ Deftereos et al; Peer reviewed;	Patients with severe COVID-19 infection. 50 assigned to	Median age 64 ± 11, male 58.1%, hypertension 45%,	Hydroxychloroquine 98%, Lopinavir- ritonavir 31.4%,	Low for mortality and mechanical ventilation; High for symptom	Mortality: Very Low certainty ⊕○○○			





2020	Colchicine 1.5mg once followed by 0.5mg twice daily until hospital discharge or 21 days and 55 assigned to SOC	diabetes 20%, chronic lung disease 4.8%, CHD 13.3%, immunosupression 3.75%	tocilizumab 3.8%, azithromycin 92%	resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	Mechanical ventilation: Very Low certainty ⊕○○○ Symptom resolution or improvement: No information
Lopes et al; ²² Preprint; 2020	Patients with moderate to severe COVID-19 infection. 19 assigned to Colchicine 0.5mg three times a day, for 5 days followed by 0.5mg twice daily for 5 days and 19 assigned to SOC	Median age 50.75 ± 26.2, male 40%, diabetes 31.4%, chronic lung disease 14.2%, CHD 40%	Steroids 40%, hydroxychloroquine 100%, azithromycin 100%, convalescent plasma NR%, heparin 100%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Symptomatic infection (prophylaxis studies): No information Adverse events: No information
Non-RCT					
Scarsi et al; ²³ Peer reviewed; 2020	Patients with moderate to severe COVID-19 infection. 122 received Colchicine and 140 received alternative treatment schemes	Mean age 70 ± 9.6, male 63.7%, chronic lung disease 18.8%, CHD 69.4%, cancer 15%	Steroids 43%, hydroxychloroquine 51.6%, lopinavir- ritonavir 25.7%	High for mortality Notes: Non- randomized study. Retrospective design. Regression was implemented to adjust for potential confounders. (demographical (gender and age), clinical and laboratory parameters (PaO2/FiO2 ratio, ferritin and C reactive protein), comorbidities (history of malignancies, cardiovascular disease or chronic obstructive	Mortality: Very Low certainty ⊕○○





		pulmonary disease) and other treatments	
		(HCQ, antivirals and	
		dexamethasone)	

Convalescent plasma

Convalescent plasma may modestly reduce mortality in patients with moderate to critical COVID-19 infection. However certainty of the evidence is low because of risk of bias and imprecision. Further research is needed to clarify these potential relevant effects and address

		interven	tion's safety.	ny diese potential refevant	
RCT					
<u>Li et al</u> ; ²⁴ Peer reviewed; 2020	Patients with moderate to critical COVID-19 infection. 52 assigned to CP 4 to 13 mL/kg of recipient body weight and 51 assigned to SOC	Median age 70 ± 8, male 58.3%, hypertension 54.3%, diabetes 10.6%, CHD 25%, CKD 5.8%, cerebrovascular disease 17.45%, cancer 2.9%, liver disease 10.7%	Steroids 39.2%, antivirals 89.3%, ATB 81%, IFN 20.2%, IVIG 25.4%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: RR 0.77 (95%Cl 0.48 to 1.24); RD -7.6% (95%Cl -17.1% to 7.9%); Low certainty ⊕⊕⊖⊖ Mechanical ventilation: RR 0.79
CONCOVID trial; Gharbharan et al; ²⁵ Preprint; 2020	Patients with moderate to critical COVID-19 infection. 43 assigned to CP 300ml once or twice and 43 assigned to SOC	Median age 62 ± 18, male 72%, hypertension 26%, diabetes 24.4%, chronic lung disease 26.7%, CHD 23.2%, CKD 8.1%, immunosuppression 12.8%, cancer 9.3%	NR	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	
Avendaño-Solá et al; ²⁶ Preprint; 2020	Patients severe COVID-19. 38 assigned to CP 250- 300 ml once and 43 assigned to SOC	Mean age 60.8 ± 15.5, male 54.3%, hypertension 39.5%, diabetes 20.9%, chronic lung disease 12.3%, asthma NR%, CHD 18.5%, CKD 4.9%	Steroids 56.8%, remdesivir 4.94%, hydroxychloroquine 86.4%, lopinavir- ritonavir 41.9%, tocilizumab 28.4%, azithromycin 61.7%	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might	(prophylaxis studies): No information Adverse events: Very Low certainty ⊕○○○



PLACID trial; ²⁷ Agarwal et al; Preprint; 2020	Patients severe COVID-19. 235 assigned to CP 200ml twice in 24hs and 229 assigned to SOC	Median age 52 ± 18, male 76.3%, hypertension 37.3%, diabetes 43.1%, chronic lung disease 3.2%, CHD 6.9%, CKD 3.7%, cerebrovascular disease 0.9%, cancer 0.2%, obesity 7.1%	Steroids 64.4%, remdesivir 4.3%, hydroxychloroquine 67.7%, lopinavir- ritonavir 14.2%, tocilizumab 9%, azithromycin 63.8%	have introduced bias to symptoms and adverse events outcomes results. Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events	
Non-RCT				outcomes results.	
Joyner et al; ²⁸ Peer reviewed; 2020	Patients with moderate to critical COVID-19 infection. 5000 received CP	Median age 62.3 ± 79.3, male 63.1%	NR	Low for specific transfusion related adverse events	
Liu et al; ³⁰ Preprint; 2020	Patients with severe to critical COVID-19 infection. 39 received CP and 156 received alternative treatment schemes	Mean age 55 ± 13, male 64%, diabetes 21%, asthma 8%, CKD 3%, cancer 5%, obesity 54%	Steroids 57.4%, hydroxychloroquine 94.4%, azithromycin 84.1%, ATB 72.3%	High for mortality Notes: Non- randomized study. Retrospective design. Propensity score was implemented to adjust for potential confounders (exact matching was enforced on the administration of hydroxychloroquine and azithromycin, intubation status and duration, length of hospital stay, and oxygen requirement	Mortality: Very Low certainty ⊕○○○ Adverse events: Transfusion related circulatory overload 0.14%; Transfusion related lung injury 0.22%; Severe allergic transfusion reaction 0.06%





				on the day of transfusion)	
Rogers et al; ³¹ Preprint; 2020	Patients with severe to critical COVID-19 infection. 64 received CP and 177 received alternative treatment schemes	Median age 61 ± 25, male 54.8%, hypertension 40.7%, diabetes 23.7%, chronic lung disease 14.9%, CHD 13.7%, CKD 10.8%, cancer 4.6%, obesity 39.4%	NR	High for mortality Notes: Non- randomized study. Retrospective design with matched control group. Regresion was implemented to adjust for potential confounders (age, gender, race, baseline oxygen requirements, remdesivir use, and corticosteroid use)	
Salazar et al; ³² Peer reviewed; 2020	Patients with severe to critical COVID-19 infection. 136 received CP and 251 received alternative treatment schemes	Mean age NR ± NR, male 58.4%, hypertension 34.7%, diabetes 26.7%, chronic lung disease 10.8%, CHD 10.3%, CKD 13.9%	Steroids 54.8%, remdesivir 3.5%, hydroxychloroquine 16.5%, lopinavirritonavir 1.6%, tocilizumab 19.6%, azithromycin 60.3%	High for mortality Notes: Non- randomized study. Prospective design with matched control group. Propensity score was implemented to adjust for potential confounders (age, gender, race, baseline oxygen requirements, remdesivir use, and corticosteroid use.)	
	Uncerta	Darunavi inty in potential benefits a	ir-Cobicistat and harms. Further resea	nrch is needed.	
RCT					
DC-COVID-19 trial; ³² Chen et al; Peer reviewed; 2020	Patients with mild COVID-19 infection. 15 assigned to	Mean age 47.2 ± 2.8, male NR, diabetes 6.6%, CHD 26.6%	NR	High for mortality and mechanical ventilation; High for symptom resolution,	Mortality: No information Mechanical ventilation: No





RCT	Darunavir- Cobicistat 800mg/150mg once a day for 5 days and 15 assigned to SOC	Fav	ipravir and harms. Further resea	infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	information Symptom resolution or improvement: No information Symptomatic infection (prophylaxis studies): No information Adverse events: No information
Chen et al; Preprint; ³³ 2020	Patients with moderate to critical COVID-19 infection. 116 assigned to Favipravir 1600mg twice the first day followed by 600mg twice daily for 7 days and 120 assigned to Umifenovir 200mg three times daily for 7 days	Mean age NR ± NR, male 46.6%, hypertension 27.9%, diabetes 11.4%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: No information Mechanical ventilation: No information Symptom resolution or improvement: Very Low certainty ①○○○
Ivashchenko et al; ³⁴ Peer reviewed; 2020	Patients with moderate COVID-19 infection. 20 assigned to Favipravir 1600mg once followed by 600mg twice a day for 12 days, 20 assigned to Favipravir and 20	Mean age NR ± NR, male NR	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably	Symptomatic infection (prophylaxis studies): No information Adverse events: No information





assigned to SOC			inappropriate.
to severe COVID-	Mean age 52.5 ± 12.5, male 72.4%, hypertension 20.7%, diabetes 6.9%, CHD 13.8%,	Antivirals 100%, IFN 100%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.

Febuxostat

Uncertainty in potential benefits and harms. Further research is needed.

RCT					
Davoodi et al; ³⁵ Peer reviewed; 2020	Patients with moderate to severe COVID-19 infection. 30 assigned to Febuxostat 80mg per day and 30 assigned to HCQ	Mean age 57.7 ± 8.4, male 59%, hypertension NR%, diabetes 27.8%, chronic lung disease 1.9%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: No information Mechanical ventilation: No information Symptom resolution or improvement: No information Symptomatic infection (prophylaxis studies): No information Adverse events: No
					information



Hydroxychloroquine and chloroquine

HCQ/CQ probably does not reduce mortality, mechanical ventilation nor significantly improves time to symptom resolution with moderate certainty. When used prophylactically in persons exposed to COVID-19 it may marginally reduce the risk of infection. However certainty of the evidence is very low because of risk of bias and imprecision. HCQ/CQ may also be associated with a small increase in severe adverse events.

RCT

	1	T	1		
CloroCOVID19 trial; ³⁶ Borba et al; Peer reviewed; 2020	Patients with severe COVID-19 infection. 41 assigned to CQ 600mg twice a day for 10 days and 40 assigned to CQ 450mg twice on day 1 followed by 450mg once a day for 5 days	Mean age 51.1 ± 13.9, male 75.3%, hypertension 45.5%, diabetes 25.5%, chronic lung disease NR%, asthma 7.4%, CHD 17.9%, CKD 7.4%, alcohol use disorder 27.5%, HIV 1.8%, tuberculosis 3.6%,	Azithromycin 100%, oseltamivir 89.7%	Low for mortality and mechanical ventilation; Low for symptom resolution, infection and adverse events	Mortality: RR 1.08 (95%CI 0.97 to 1.19); RD 2.6% (95%CI -1% to 6.3%); Moderate certainty ⊕⊕⊕○ Mechanical ventilation: RR 1.1 (95%CI 0.89 to 1.35); RD 1.2% (95%CI -1 3% to 4%):
Huang et al; ³⁷ Peer reviewed; 2020	Patients with moderate to severe COVID-19 infection. 10 assigned to CQ 500mg twice a day for 10 days and 12 assigned to Lopinavir-Ritonavir 400/100mg twice a day for 10 days	Mean age 44 ± 21, male 59.1%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	(95%CI -1.3% to 4%); Moderate certainty ⊕⊕⊕⊖ Symptom resolution or improvement: RR 1.1 (95%CI 0.92 to 1.31); RD 5.5% (95%CI -4.4% to 17.2%); Low certainty ⊕⊕⊖⊖
RECOVERY - Hydroxychloroqui ne trial; ³⁸ Horby et al; Preprint; 2020	critical COVID-19 infection. 1561 assigned to HCQ	Mean age 65.3 ± 15.3, male %, diabetes 26.9%, chronic lung disease 21.9%, asthma NR%, CHD 25.4%, CKD 7.8%, HIV 0.4%	NR	Low for mortality and mechanical ventilation; Some Concerns for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	Symptomatic infection (prophylaxis studies): RR 0.85 (95%CI 0.64 to 1.13); RD -2.6% (95%CI -6.3% to 2.3%); Very Low certainty ⊕○○○ Severe Adverse events: RR 1.22 (95%CI 0.65 to 2.28); RD 1.2% (95%CI -1.9% to



BCN PEP CoV-2 trial; ³⁹ Mitja et al; Preprint; 2020	COVID-19. 1116 assigned to HCQ 800mg once followed	Mean age 48.6 ± 19, male 27%, diabetes 8.3%, chronic lung disease 4.8%, CHD 13.3%, , Nervous system disease 4.1%	NR	Some concerns for mortality and mechanical ventilation; Some Concerns for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results. Significant number of patients excluded from analysis.	6.9%); Low certainty ⊕⊕○○
COVID-19 PEP trial; ⁴⁰ Boulware et al; Peer reviewed; 2020	assigned to HCQ 800	Median age 40 ± 6.5, male 48.4%, hypertension 12.1%, diabetes 3.4%, asthma 7.6%, comorbidities 27.4%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Significant loss of information that might have affected the studies results.	
Cavalcanti et al trial; ⁴¹ Cavalcanti et al; Peer reviewed; 2020	400mg twice a day	Mean age 50.3 ± 14.6, male 58.3%, hypertension 38.8%, diabetes 19.1%, chronic lung disease 1.8%, asthma 16%, CHD 0.8%, CKD 1.8%, cancer 2.9%, obesity 15.5%	Steroids 1.5%, ACE inhibitors 1.2%, ARBs 17.4%, NSAID 4.4%	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	
Kamran SM et al trial; ⁴² Kamran et	Patients with mild COVID-19 infection.	Mean age 36 ± 11.2, male 93.2%, diabetes	NR	High for symptom resolution, infection	





al; Preprint; 2020	349 assigned to HCQ 400mg twice a day once then 200mg twice a day for 4 days and 151 assigned to SOC	3%, comorbidities 7.6%		and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.
COVID-19 PET trial; ⁴³ Skipper et al; Peer reviewed; 2020	Patients with mild COVID-19 infection. 212 assigned to HCQ 1400mg once followed by 600mg once a day for 5 days and 211 assigned to SOC	Median age 40 ± 9, male 44%, hypertension 11%, diabetes 4%, chronic lung disease %, asthma 11%,	NR	Low for mortality and mechanical ventilation; Low for symptom resolution, infection and adverse events
BCN PEP CoV-2 trial; ⁴⁴ Mitja et al; Preprint; 2020	Patients with mild COVID-19 infection. 136 assigned to HCQ 800mg once followed by 400mg a day for 6 days and 157 assigned to SOC	Mean age 41.6 ± 12.6, male 49%, comorbidities 53.2%	NR	High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.
Tang et al; Peer reviewed; ⁴⁵ 2020	Patients with mild to moderate COVID-19 infection. 75 assigned to HCQ 1200 mg daily for three days followed by 800 mg daily to complete 7 days and 75 assigned to SOC	Mean age 46.1 ± 14.7, male 54.7%, hypertension 6%, diabetes 14%, other comorbidities 31%	Steroids 7%, lopinavir-ritonavir 17%, umifenovir 47%, oseltamivir 11%, entecavir 1%, ATB 39%, ribavirin 47%	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outomes results.
Chen et al; Preprint; ⁴⁶ 2020	Patients with moderate COVID-19 infection. 31	Mean age 44 ± 15.3, male 46.8%,	ATB 100%, IVIG 100%, antivirals 100%	High for mortality and mechanical ventilation; High for symptom





			I	1
	assigned to HCQ 200mg twice a day for 5 days and 31 assigned to SOC			resolution, infection and adverse events Notes: Non-blinded study. Concealment of
				allocation probably inappropriate.
Chen et al; ⁴⁷ Preprint; 2020	Patients with moderate COVID-19 infection. 18 assigned to HCQ 200mg twice a day for 10 days, 18 assigned to CQ and 12 assigned to SOC	Mean age 47.4 ± 14.46, male 45.8%, hypertension 16.7%, diabetes 18.7%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.
Chen et al; ⁴⁸ Preprint; 2020	Patients with mild to severe COVID-19 infection. 21 assigned to HCQ 400mg twice on day one followed by 200mg twice a day for 6 days and 12 assigned to SOC	Mean age 32.9 ± 10.7, male 57.6%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.
HC-nCoV trial; ⁴⁹ Jun et al; Peer reviewed; 2020	Patients with mild to severe COVID-19 infection. 15 assigned to HCQ 400mg once a day for 5 days and 15 assigned to SOC	Mean age 48.6 ± 3.7, male 0.7%, hypertension 26.6%, diabetes 6.6%, chronic lung disease 3.3%	Lopinavir-ritonavir 6.6%, umifenovir 73.3%, IFN 100%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.
Abd-Elsalam et al; ⁵⁰ Peer	Patients with mild to severe COVID-19	Mean age 40.7 ± 19.3, male 58.8%, CKD 3.1%,	NR	High for mortality and mechanical ventilation;





					= +		
reviewed; 2020	infection. 97 assigned to HCQ 400 mg twice on day one followed by 200 mg tablets twice daily for 15 days and 97 assigned to SOC	obesity 61.9%, comorbidities 14.3%, liver disease 1%		High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.			
	Uncerta	Icatibal inty in potential benefits a	nt / iC1e/K and harms. Further resea	arch is needed.			
RCT							
Mansour et al; ⁵¹ Preprint; 2020	Patients with moderate to severe COVID-19 infection. 10 assigned to Icatibant 30 mg every 8 h for 4 days, and 10 assigned to iC1e/K	Mean age 51.6 ± 11.5, male 53.3%, hypertension 50%, diabetes 46.7%,%, asthma 3.3%, , obesity 43.3%	NR	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	Mortality: Very Low certainty (1) (2) (Mechanical ventilation: No information (1) (Mechanical ventilation) (Mechanical ventilation: No information (1) (Mechanical ventilation (1) (Mechanical ventila		
	IFX-1 Uncertainty in potential benefits and harms. Further research is needed.						
RCT							
Vlaar et al; ⁵² Preprint; 2020	Patients with severe COVID-19 infection. 15 assigned to IFX-1 800mg IV with a maximum of 7 doses	Mean age 60 ± 9, male 73%, hypertension 30%, diabetes 27%, obesity 20%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events	Mortality: Very Low certainty () () () () () () () () () (



maximum of 7 doses

and 15 assigned to

information



	SOC			Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Symptom resolution or improvement: No information Symptomatic infection (prophylaxis studies): No information Adverse events: Very Low certainty ①〇〇			
		terferon alpha-2 inty in potential benefits a						
RCT		mey in potential benefits a		irgi se ilegilei.				
ESPERANZA trial; ⁵³ Esquivel-Moynelo et al; Preprint; 2020	Patients with mild to moderate COVID-19 infection. 30 assigned to IFN-alpha2b + IFN-gamma Twice a week for two weeks (SC) and 33 assigned to IFN-alpha2b Thrice a week (IM)		Hydroxychloroquine 100%, lopinavir- ritonavir 100%, convalescent plasma NR%, ATB 100%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: No information Mechanical ventilation: No information Symptom resolution or improvement: No information Symptomatic infection (prophylaxis studies): No information Adverse events: No information			
	Interferon beta-1a Uncertainty in potential benefits and harms. Further research is needed.							
RCT								
Davoudi-	Patients with severe	Mean age 57.7 ± 15,	Steroids 53%,	High for mortality and	Mortality: Very Low			





Monfared et al; ⁵⁴ Preprint; 2020 42 assigned to Interferon beta-1a 44 microg subcutaneous, three times a week and 39 assigned to SOC male 54.3 hypertens chronic lu 1.2%, asth cancer 11		THE BA	A	
	1		42 assigned to Interferon beta-1a 44 microg subcutaneous, three times a week and 39	hypertens diabetes 2 chronic lu 1.2%, astl CHD 28.4

3%, sion 38.3%, 27.2%, 30.8% ung disease hma 1.2%, %, CKD 3.7%, 1.1%

hydroxychloroquine mechanical ventilation; 97.5%, azithromycin High for symptom 14.8%, ATB 81%, IVIG resolution, infection and adverse events

> Notes: Non-blinded study. Concealment of allocation probably inappropriate.

certainty $\oplus \bigcirc \bigcirc \bigcirc$

Mechanical ventilation: Very Low certainty Θ

Symptom resolution or improvement: Very Low certainty \oplus

Symptomatic infection (prophylaxis studies): No information

Adverse events: No information

Interferon beta-1b

Uncertainty in potential benefits and harms. Further research is needed.

RCT	
Rahmani et al; ⁵⁵ Peer reviewed; 2020	Patients severe COVID-19. 33 assigned to Interferon beta-1b 250 mcg subcutaneously every other day for two consecutive weeks and 33 assigned to SOC

Median age 60 ± 10.5, male 59%, hypertension 40.9%, diabetes 31.8%, chronic lung disease 4.5%, asthma NR%, CHD 30.3%, CKD NR%, cerebrovascular disease NR%, immunosuppression NR%, cancer 3%, obesity NR%

Steroids 21.2%, ATB 51.5%, antivirals 100%

High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events

Notes: Non-blinded study. Concealment of allocation probably inappropriate.

Mortality: Very Low certainty $\oplus \bigcirc \bigcirc \bigcirc$

Mechanical ventilation: Very Low certainty Θ

Symptom resolution or improvement: Very Low certainty Θ

Symptomatic infection (prophylaxis studies): No information

Adverse events: No



					information	
Ivermectin Uncertainty in potential benefits and harms. Further research is needed.						
RCT	T	T	T			
Zagazig University trial; ⁵⁶ Shouman et al; Other; 2020	Patients exposed to COVID-19. 203 assigned to ivermectin 15 to 24mg a day and 101 assigned to SOC	Mean age 38.72 ± 15.94, male 51.3%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: Very Low certainty (1) (2) (Mechanical ventilation: Very Low certainty (1) (2) (2) (3) (3) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4	
Mohiuddin et al; ⁵⁷ Preprint; 2020	Patients mild to moderate COVID-19. 60 assigned to ivermectin + Doxi 200µgm/kg single dose + 100 mg BID for 10days and 56 assigned to HCQ +AZT	Mean age 33.9 ± 14.1, male 72.4%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.		
Non-RCT	l		l			
Rajter et al; ⁵⁸ Preprint; 2020	Patients with moderate to severe COVID-19 infection. 173 received Ivermectin and 107 received alternative treatment schemes	Mean age 59.6 ± 17.9, male 54.6%, hypertension 17.9%, diabetes 32.1%, chronic lung disease 10%, CHD 15.4%, CKD 8.6%, cancer 6.1%, obesity 40.7%	Hydroxychloroquine 92.9%, azithromycin 86.1%	High for mortality Notes: Non- randomized study. Retrospective design. Regression was implemented to adjust for potential confounders (age, sex, comorbidities of diabetes, chronic lung disease, cardiovascular	Mortality: Very Low certainty ⊕○○	





RCT Hu et al; ⁶⁰ Peer		Lefluinty in potential benefits a	Inomide and harms. Further resea	High for mortality and	information Adverse events: Very Low certainty O Mortality: No
Sakoulas et al; ⁵⁹ Preprint; 2020	Patients with severe COVID-19 infection. 16 assigned to IVIG 0.5 g/kg/day for 3 days and 17 assigned to SOC	Mean age 54 ± NR, male 60.6%, hypertension 33.3%, diabetes 36.3%, chronic lung disease 12%, CHD 3%, CKD 3%, immunosuppression 3%	Steroids 78.7%, remdesivir 51.5%, convalescent plasma 15.2%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: Very Low certainty (1) (2) (2) (2) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4
RCT	Uncertai	I inty in potential benefits a	VIG and harms. Further resea	arch is needed.	
				disease, and hypertension, smoking status, severity of pulmonary involvement, BMI, peripheral white blood count, absolute lymphocyte count, and use of hydroxychloroquine and azithromycin)	





reviewed; 2020	critical COVID-19	male 30%,		mechanical ventilation;	information
	infection. 5 assigned	hypertension 60%,		High for symptom	
	to Leflunomide 50mg	chronic lung disease		resolution, infection	Mechanical
	every 12hs (three doses) followed by	10%		and adverse events	ventilation: No information
	20mg a day for 10			Notes: Non-blinded	Symptom
	days and 5 assigned			study. Concealment of	resolution or
	to SOC			allocation probably	improvement: No
				inappropriate.	information
					Symptomatic
					infection
					(prophylaxis
					studies): No information
					illorillation
					Adverse events: No
					information
	Uncerta	Linc inty in potential benefits :	comycin and harms. Further resea	arch is needed.	
RCT					
Guvenmez et al; ¹⁶	Patients with	Mean age 58.7 ± 16,	NR	High for mortality and	Mortality: No
Peer reviewed;	moderate COVID-19	male 70.8%,		mechanical ventilation;	information
2020	infection. 12			High for symptom	
	assigned to			resolution, infection	Mechanical ventilation: No
	lincomycin 600mg			and adverse events	information
	twice a day for 5 days				
	and 12 assigned to			Notes: Non-blinded	Symptom
	Azithromycin 500mg			study. Concealment of	resolution or
	on first day followed			allocation probably	improvement: No

by 250mg a day for 5

days

inappropriate.

information

Symptomatic infection (prophylaxis studies): No information

Adverse events: No

information



Lopinavir-Ritonavir

Lopinavir-ritonavir probably does not reduce mortality with moderate certainty. Lopinavir-ritonavir may not be associated with a significant increase in severe adverse events. However the certainty is low because of risk of bias and imprecision.

LOTUS China trial; ⁶¹ Cao et al; Peer reviewed; 2020	Patients with severe to critical COVID-19 infection. 99 assigned to Lopinavir-Ritonavir 400/100mg daily for 14 days and 100 assigned to SOC	Median age 58 ± 9.5, male 60.3%, Diabetes 11.6%, disease 6.5%, cancer 3%	Steroids 33.7%, remdesivir NR%, IFN 11.1%, ATB 95%	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	Mortality: RR 1 (95%CI 0.83 to 1.21); RD 0% (95%CI -5.6% to 6.9%); Moderate certainty ⊕⊕⊕○ Mechanical ventilation: Very
ELACOI trial; ⁶² Li et al; Peer reviewed; 2020		Mean age 49.4 ± 14.7, male 41.7%	Steroids 12.5%, IVIG 6.3%	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	Low certainty Company Symptom resolution or improvement: Very Low certainty Company Symptomatic infection (prophylaxis studies): No information
RECOVERY - Lopinavir-ritonavir trial; ⁶³ Horby et al; Press communication; 2020	Patients with mild to critical COVID-19 infection. 1596 assigned to Lopinavir-Ritonavir 400/100mg twice a day for 10 days and 3376 assigned to SOC	Mean age NR ± NR, male NR	NR	Low for mortality and mechanical ventilation; Some Concerns for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and	Severe Adverse events: RR 0.6 (95%CI 0.37 to 0.98); RD -2.2% (95%CI -3.4% to - 0.09%); Low certainty ⊕⊕⊖⊖



				I
				adverse events
				outcomes results.
Huang et al; Peer reviewed; ³⁷ 2020	Patients with moderate to severe COVID-19 infection. 10 assigned to CQ 500mg twice a day for 10 days and 12 assigned to Lopinavir-Ritonavir 400/100mg twice a day for 10 days	Mean age 44 ± 21, male 59.1%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.
Zheng et al; Preprint; ⁶⁴ 2020	Patients with moderate to severe COVID-19 infection. 30 assigned to Novaferon 40 microg twice a day (inh), 30 assigned to Novaferon + Lopinavir-Ritonavir 40 microg twice a day (inh) + 400/100mg a day and 29 assigned to Lopinavir-Ritonavir	Median age 44.5 ± NR, male 47.1%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.
Chen et al; Preprint; ⁶⁵ 2020	Patients with mild to moderate COVID-19 infection. 33 assigned to Ribavirin 2gr IV loading dose followed by orally 400-600mg every 8hs for 14 days, 36 assigned to Lopinavir-Ritonavir and 32 assigned to Ribavirin + Lopinavir-Ritonavir	Mean age 42.5 ± 11.5, male 45.5%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.





Mesenchymal stem cell transplantation

Uncertainty in potential benefits and harms. Further research is needed.

RCT

<u>Shu et al</u> ; ⁶⁶ Peer	Patients with severe
reviewed; 2020	COVID-19 infection.
	12 assigned to
	mesenchymal stem
	cell 2 × 10^6
	cells/kg.one infusion
	cells/kg.one infusion and 29 assigned to
	SOC

Median age 61 ± 10, male 58.5%, hypertension 22%, diabetes 19.5% Steroids 100%, antibiotics 87.8%, antivirals 100% High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events

Notes: Non-blinded study. Concealment of allocation probably inappropriate.

Mortality: No information

Mechanical ventilation: No information

Symptom
resolution or
improvement: Very
Low certainty
⊕○○○

Symptomatic infection (prophylaxis studies): No information

Adverse events: No information

Novaferon

Uncertainty in potential benefits and harms. Further research is needed.

Preprint; 2020	moderate to severe COVID-19 infection. 30 assigned to Novaferon 40 microg	Median age 44.5 ± NR, male 47.1%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events	Mortality: No information Mechanical ventilation: No information
Preprint; 2020	moderate to severe COVID-19 infection. 30 assigned to Novaferon 40 microg twice a day (inh), 30 assigned to Novaferon + Lopinavir-Ritonavir 40 microg twice a day (inh) + 400/100mg a day and 29 assigned to		NR	mechanical ventilation; High for symptom resolution, infection	information Mechanical ventilation: No information Symptom resolution or improvement: No information Symptomatic infection (prophylaxis
	Lopinavir-Ritonavir				studies): No





ABSE			H	The state of the s	EKANO.
					information
					Adverse events: No information
	Uncerta	${f Ra}$ inty in potential benefits	mipril and harms. Further rese	arch is needed.	
RCT					
RASTAVI trial; ⁶⁷ Amat-Santos et al; Preprint; 2020	Patients exposed to COVID-19. 50 assigned to Ramipril 2.5mg a day progressively increased to 10mg a day and 52 assigned to SOC	Mean age 82.3 ± 6.1, male 56.9%, hypertension 54.15%, diabetes 20.65%, chronic lung disease 7.35%, CHD 22.45%, CKD 34.15%, cerebrovascular disease 11.15%	NR	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	Mortality: Very Low certainty ⊕○○○ Mechanical ventilation: No information Symptom resolution or improvement: No information Symptomatic infection (prophylaxis studies): Very Low certainty ⊕○○○ Adverse events: No information
Remdesivir may r				antly increasing the risk of imprecision.	severe adverse events.
RCT					
ACTT-1 trial; Beigel et al; ⁶⁸ Peer reviewed; 2020	Patients with mild to critical COVID-19 infection. 541 assigned to Remdesivir intravenously 200mg loading dose on day	Mean age 58.9 ± 15, male 64.3%, hypertension 49.6%, diabetes 29.7%, chronic lung disease 7.6%, CHD 11.6%,	NR	Low for mortality and mechanical ventilation; Low for symptom resolution, infection and adverse events	Mortality: RR 0.78 (95%CI 0.56 to 1.08); RD -7.3% (95%CI -14.5% to 2.6%); Low certaint ⊕⊕⊖⊖
	1 followed by a 100- mg maintenance dose administered				ventilation: Very Low certainty ⊕○○○





SIMPLE trial;	daily on days 2 through 10 or until hospital discharge or death and 522 assigned to SOC	Median age 61.5 ± 20,	NR	Low for mortality and	Symptom resolution or improvement: RR 1.17 (95%CI 1.03 to 1.33); RD 3.8% (95%CI 0.7% to 7.4%); Low certainty
Goldman et al; ⁶⁹ Peer reviewed; 2020	COVID-19 infection. 200 assigned to Remdesivir (5 days) 200mg once followed 100mg for 5 days and 197 assigned to Remdesivir (10 days)	male 63.7%, hypertension 49.8%, diabetes 22.6%, asthma 12.3%		mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	Symptomatic infection (prophylaxis studies): No information Severe Adverse events: RR 0.91 (95%CI 0.52 to 1.59); RD -0.5% (95%CI -2.6% to 3.2%); Low certainty ⊕⊕⊖⊖
CAP-China remdesivir 2 trial; ⁷⁰ Wang et al; Peer reviewed; 2020	to critical COVID-19 infection. 158 assigned to	Median age 65 ± 7.5, male 60.5%, hypertension 43%, diabetes 23.7%, CHD 7.2%	Steroids 65.6%, lopinavir-ritonavir 28.4%, IFN 32.2%, ATB 91.1%	Low for mortality and mechanical ventilation; Low for symptom resolution, infection and adverse events	
SIMPLE 2 trial; Spinner et al; ⁷¹ Peer reviewed; 2020		Median age 57 ± 9, male 61.3%, hypertension 42%, diabetes 40%, asthma 14%, CHD 56%	Steroids 17%, hydroxychloroquine 21.33%, lopinavir- ritonavir 11%, tocilizumab 4%	Some Concerns for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Additional treatments unbalanced between arms which suggests that patients might have been	





treated differently. Ribavirin Uncertainty in potential benefits and harms. Further research is needed. **RCT** Chen et al;65 Patients with mild to Mean age 42.5 ± 11.5 , NR Mortality: No High for mortality and information Preprint; 2020 moderate COVID-19 male 45.5% mechanical ventilation: infection. 33 High for symptom Mechanical assigned to Ribavirin resolution, infection ventilation: No and adverse events 2gr IV loading dose information followed by orally Notes: Non-blinded 400-600mg every 8hs Symptom for 14 days, 36 study. Concealment of resolution or improvement: No assigned to allocation probably information Lopinavir-Ritonavir inappropriate. and 32 assigned to **Symptomatic** Ribavirin + Lopinavirinfection Ritonavir (prophylaxis studies): No information Adverse events: No information Ribavirin + Interferon beta-1b Uncertainty in potential benefits and harms. Further research is needed. **RCT** Hung et al;73 Peer Patients with mild to Median age 52 ± 15, Steroids 6.2%, ATB Low for mortality and Mortality: No reviewed; 2020 moderate COVID-19 male 54%, 53.3% mechanical ventilation; information infection, 86 hypertension 18.3%, High for symptom assigned to Ribavirin diabetes 13.3%, CHD resolution, infection Mechanical ventilation: No + Interferon beta-1b 7.9% cerebrovascular and adverse events information 400 mg every 12 h disease 1.5%, cancer 1.5% (ribavirin), and Notes: Non-blinded **Symptom** subcutaneous study which might resolution or injection of one to have introduced bias improvement: No three doses of to symptoms and information interferon beta-1b 1 adverse events **Symptomatic** mL (8 million outcomes results. infection international units





	turn tr		HI A		
	[IU]) on alternate days, for 14 days and 41 assigned to SOC				(prophylaxis studies): No information
					Adverse events: No information
	Uncerta	${f Rux}$ inty in potential benefits a	colitinib and harms. Further resea	arch is needed.	
RCT					
Cao et al; ⁷⁴ Peer reviewed; 2020	Patients with severe COVID-19 infection.	Mean age 63 ± 10, male 58.5%,	Steroids 70.7%, IVIG 43.9%, umifenovir	Low for mortality and mechanical ventilation;	Mortality: No information
	22 assigned to Ruxolitinib 5mg twice a day and 21 assigned to SOC	hypertension 39%, diabetes 19.5%, CHD 7.3%,	73%, oseltamivir 27%	Low for symptom resolution, infection and adverse events	Mechanical ventilation: No information
					Symptom resolution or improvement: Ver Low certainty
					Symptomatic infection (prophylaxis studies): No

Sofosbuvir/daclatasvir

Uncertainty in potential benefits and harms. Further research is needed.

RCT

Kasgari et al; ⁷⁵ Peer reviewed; 2020	moderate COVID-19 infection. 24 assigned to sofosbuvir/daclatasvi	2%		High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of	Mortality: Very Low certainty ⊕ ○ ○ Mechanical ventilation: Very Low certainty ⊕ ○ ○ Symptom
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information

information

Adverse events: No



	lopinavir-ritonavir			allocation probably inappropriate.	resolution or improvement: No information
Sadeghi et al; ⁷⁶ Peer reviewed; 2020	Patients with moderate to severe COVID-19 infection. 33 assigned to sofosbuvir/daclatasvi r 400/60mg once a day for 14 days and 33 assigned to SOC	Median age 58 ± 13, male 20.21%, hypertension 34.8%, diabetes 42.4%, chronic lung disease 22.7%, asthma 3%, CHD 15.1%, cancer 4.5%, obesity 25.7%	Steroids 30.2%, lopinavir-ritonavir 48.4%, antibiotics 89.4%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Only outcome assessors and data analysts were blinded. Concealment of allocation probably inappropriate.	Symptomatic infection (prophylaxis studies): No information Adverse events: No information

Steroids

Steroids reduce mortality and probably reduce mechanical ventilation requirements in patients with severe COVID-19 infection with moderate certainty. Steroids may not significantly increase the risk of severe adverse events

GLUCOCOVID trial; ⁷⁷ Corral- Gudino et al; Preprint; 2020	Patients with moderate to severe COVID-19 infection. 56 assigned to Methylprednisolone 40mg twice daily for 3 days followed by 20mg twice daily for 3 days and 29 assigned to SOC	Mean age 69.5 ± 11.5, male 61.9%, hypertension 47.6%, diabetes 17.5%, chronic lung disease 7.9%, cerebrovascular disease 12.7%	Hydroxychloroquine 96.8%, lopinavir-ritonavir 84.1%, azithromycin 92%	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mortality: RR 0.90 (95%Cl 0.84to 0.97); RD -3.3% (95%Cl -5.3% to -0.9%); High certainty ⊕⊕⊕⊕ Mechanical ventilation: RR 0.84 (95%Cl 0.67 to 1.04); RD -1.8% (95%Cl -3.8% to
Metcovid trial; ⁷⁸ Prado Jeronimo et al; Peer reviewed; 2020	Patients with severe COVID-19 infection. 194 assigned to Methylprednisolone 0.5mg/kg twice a day for 5 days and 199 assigned to SOC	Mean age 55 ± 15, male 64.6%, hypertension 48.9%, diabetes 29.1%, chronic lung disease 0.5%, asthma 2.5%, CHD 6.9%, alcohol use disorder 27%, liver disease 5.5%	Remdesivir 0%, tocilizumab 0%, convalescent plasma 0%	Low for mortality and mechanical ventilation; Low for symptom resolution, infection and adverse events	0.4%); Moderate certainty ⊕⊕⊕○ Symptom resolution or improvement: RR 1.41 (95%CI 1.08 to 1.83); RD 22.7% (95%CI 4.4% to 46%); Low certainty ⊕⊕○○





RECOVERY - Dexamethasone trial; ⁷⁹ Horby et al; Peer reviewed; 2020	Patients with Mild to critical COVID-19 infection. 2104 assigned to Dexa 6mg once daily for 10 days and 4321 assigned to SOC	Mean age 66.1 ± 15.7, male 64%, diabetes 24%, chronic lung disease 21%, asthma NR%, CHD 27%, CKD 8%, liver disease 2%, any comorbiditie 56%	Steroids NA%, remdesivir 0.08%, hydroxychloroquine 1%, lopinavir-ritonavir 0.5%, tocilizumab 3%, azithromycin 25%	Low for mortality and mechanical ventilation; Some Concerns for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	Symptomatic infection (prophylaxis studies): No information Severe Adverse events: RR 0.84 (95%CI 0.55 to 1.29); RD -0.9% (95%CI -2.4% to 1.6%); Low certainty $\oplus \oplus \bigcirc$
DEXA-COVID19 trial; ⁸⁰ Villar et al; Unpublished; 2020	Patients severe to critical COVID-19. 7 assigned to Dexa 20mg a day for 5 days followed by 10mg a day for 5 days and 12 assigned to SOC	NR	NR	Low for mortality and mechanical ventilation Notes: RoB judgment from published SR	
CoDEX trial; ⁸¹ Tomazini et al; Peer reviewed; 2020	Patients critical COVID-19. 151 assigned to Dexa 20mg a day for 5 days followed by 10mg a day for 5 days and 148 assigned to SOC	Mean age 61.4 ± 14.4, male 62.5%, hypertension 66.2%, diabetes 42.1%, CHD 7.7%, CKD 5.3%, obesity 27%	hydroxychloroquine 21.4%, azithromycin 71.2%, ATB 87%	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	
REMAP-CAP trial; ⁸² Arabi et al; Peer reviewed; 2020	Patients severe to critical COVID-19. 278 assigned to Hydrocortisone 50mg every 6 hours for 7 days and 99 assigned to SOC	Mean age 59.9 ± 13, male 71%, diabetes 32%, chronic lung disease 20.3%, CHD 7.5%, CKD 9.2%, immunosuppression 4.9%	NR	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded	





				study which might have introduced bias to symptoms and adverse events outcomes results.	
COVID STEROID trial; ⁸⁰ Petersen et al; Unpublished; 2020	Patients severe to critical COVID-19. 15 assigned to Hydrocortisone 200mg a day for 7 days and 14 assigned to SOC	NR	NR	Low for mortality and mechanical ventilation Notes: RoB judgment from published SR	
CAPE COVID trial; ⁸³ Dequin et al; Peer reviewed; 2020	Patients severe to critical COVID-19. 76 assigned to Hydrocortisone 200mg a day progressively reduced to 50mg a day for 7 to 14 days and 73 assigned to SOC	Median age 64.7 ± 19.3, male 69.8%, hypertension %, diabetes 18.1%, chronic lung disease 7.4%, immunosuppression 6%	Remdesivir 3.4%, hydroxychloroquine 46.9%, lopinavir- ritonavir 14.1%, tocilizumab 2%, azithromycin 34.2%	Low for mortality and mechanical ventilation; Low for symptom resolution, infection and adverse events	
Steroids-SARI trial; Steroid Sari et al; ⁸⁰ Unpublished; 2020	critical COVID-19. 24	NR	NR	Low for mortality and mechanical ventilation Notes: RoB judgment from published SR	
RCT	Uncerta	Teln inty in potential benefits a	nisartan and harms. Further rese	arch is needed.	
Duarte et al; ⁸⁴ Preprint; 2020	Patients with mild to severe COVID-19	Mean age 61.9 ± 18.2, male 61.5%,	NR	High for mortality and mechanical ventilation;	Mortality: Very certainty ⊕○



hypertension 30.7%,

chronic lung disease

diabetes 11.5%,

infection. 38

assigned to

Telmisartan 80 mg

High for symptom

resolution, infection

and adverse events

Mechanical

Low certainty

ventilation: Very



twice daily	and 40 1:	1.5%, asthma 1.3%,		⊕○○○
assigned to	ce di	CKD 2.6%, erebrovascular lisease 7.7%, obesity 2.8%	Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Symptom resolution or improvement: No information
				Symptomatic infection (prophylaxis studies): No information
				Adverse events: No information

Tocilizumab

Tocilizumab may not affect mortality but may reduce mechanical ventilation requirements and improve time to symptom resolution. However certainty of the evidence is low because of imprecision. Further research is needed.

	•				
COVACTA trial; Rosas et al; ⁸⁵ Preprint; 2020	Patients Severe COVID-19. 294 assigned to TCZ 8mg/kg once and 144 assigned to SOC	Mean age 60.8 ± 14, male 70%, hypertension 62.1%, diabetes 38.1%, chronic lung disease 16.2%, asthma %, CHD 28%, CKD %, cerebrovascular disease %, immunosuppression %, cancer %, obesity 20.5%	Steroids 42.2%, convalescent plasma 3.6%, Antivirals 31.5%	Low for mortality and mechanical ventilation; Low for symptom resolution, infection and adverse events	Mortality: RR 1.01 (95%CI 0.68 to 1.52); RD 0.5% (95%CI -10.6% to 17.2%); Low certainty ⊕⊕⊖⊖ Mechanical ventilation: RR 0.76 (95%CI 0.53 to 1.09); RD -2.8% (95%CI -5.4% to 1%); Low certainty ⊕⊕⊖⊖
Wang et al; ⁸⁶ Preprint; 2020	Patients moderate to severe COVID-19. 34 assigned to TCZ 400mg once or twice and 31 assigned to SOC	Median age 63 ± 16, male 50.8%, hypertension 30.8%, diabetes 15.4%	NR	High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Symptom resolution or improvement: HR 1.26 (95%CI 0.97 to 1.64); RD 8.4% (95%CI -1.1% to 18%); Low certainty ⊕⊕○○ Symptomatic infection (prophylaxis





Non-RCT					studies): No information Adverse events: RR 0.91 (95%CI 0.7 to 1.18); RD -0.4% (95%CI -1.6% to 1%); Low certainty ⊕⊕○○
Biran et al;87 Peer reviewed; 2020	Patients with moderate to critical COVID-19 infection. 210 received TCZ and 420 received alternative treatment schemes	chronic lung disease	Steroids 45.5%, hydroxychloroquine 90%, azithromycin 56%,	High for mortality Notes: Non-randomized study. Retrospective design. Propensity score was implemented to adjust for potential confounders (age, gender, diabetes, chronic obstructive pulmonary disease (COPD) or asthma, hypertension, cancer, renal failure, obesity, oxygenation less than 94%, quick Sequential Organ Failure Assessment (qSOFA) score, use of steroids, C-reactive protein 15 mg/dL or higher, and intubation or mechanical ventilator support)	Mortality: Very Low certainty ⊕○○○
Colaneri et al; ⁸⁸ Peer reviewed; 2020	Patients with moderate to critical COVID-19 infection. 21 received TCZ and 91 received	Median age 63.5 ± 16.9, male 73.2%, hypertension 50%, diabetes 17.8%, chronic lung disease	NR	High for mortality Notes: Non- randomized study. Retrospective design.	





	alternative treatment schemes	7.1%, CHD 16%, obesity 28.5%		Propensity score was implemented to adjust for potential confounders (sex, age, LDH, and neutrophils)
TESEO study; ⁸⁹ Guaraldi et al; Peer reviewed; 2020	Patients with severe COVID-19 infection. 125 received TCZ and 179 received alternative treatment schemes	diabetes 7%, CHD 8%,	NR	High for mortality Notes: Non- randomized study. Retrospective design. Propensity score was implemented to adjust for potential confounders (age, sex, recruiting centre, duration of symptoms, and Subsequent Organ Failure Assessment (SOFA) score)
<u>lp et al</u> ; ⁹⁰ Peer reviewed; 2020	Patients with severe to critical COVID-19 infection. 134 received TCZ and 413 received alternative treatment schemes	Median age 67 ± 18, male 65%, hypertension 62.1%, diabetes 37.5%, chronic lung disease 16.2%, CHD 18.2%, cerebrovascular disease 4.7%, cancer 12.4%, obesity 37.1%	Steroids 64.3%, hydroxychloroquine 88.8%, lopinavir- ritonavir %, tocilizumab %, azithromycin 76.6%, convalescent plasma %	High for mortality Notes: Non- randomized study. Retrospective design. Propensity score was implemented to adjust for potential confounders (age, gender, COPD, and renal failure)
Martínez-Sanz et al; Preprint; ⁹¹ 2020	Patients with moderate to severe COVID-19 infection. 260 received TCZ and 969 received alternative treatment schemes	lung disease 10.8%,	NR	High for mortality Notes: Non- randomized study. Retrospective design. Adjusted estimates not provided.
SAM-COVID study; ⁹²	Patients with moderate to severe	Median age 68 ± 18, male 74.9%,	Remdesivir 0.6%, hydroxychloroquine	High for mortality





Rodríguez-Baño et al; Peer reviewed; 53 received TCZ and 2020 106 received alternative treatment schemes 1.8%, cancer 3.1%, obesity 9.4% 1.8%, cancer 3.1%, obesity 9.4% 1.5%, al; Peer reviewed; 53 received TCZ and diabetes 18.8%, ritonavir 79.2%, ritonavir 79.2%, ritonavir 79.2%, randomized study. Retrospective design. Propensity score was implemented to adjust for potential
confounders (age, gender, race, and comorbidities)
Preprint; 2020 Patients with moderate to severe (COVID-19 infection. 84 received TCZ and 84 received salternative treatment schemes Properly 31.5% Patients with moderate to severe (COVID-19 infection. 84 received alternative treatment schemes Properly 31.5% Patients with moderate to severe (COVID-19 infection. 84 received alternative treatment schemes Properly 4 received characteristic schemes Median age 64.6 ± 14.85, male 62%, hypertension 56%, diabetes 39.2%, chronic lung disease alternative treatment schemes Properly 4 received characteristic schemes Median age 64.6 ± 14.85, male 62%, hypertension 56%, diabetes 39.2%, chronic lung disease alternative treatment schemes Properly 5 received characteristic schemes Notes: Non-randomized study. Retrospective design. Propensity score was implemented to adjust for potential confounders (age, sex, smoking status, history of coronary artery disease, stroke, heart failure or peripheral artery disease, hypertension, chronic kidney disease with eGFR less than 60 mL/min/1m73², cancer, long-term corticosteroid treatment, use of antibiotics, of antivirals, of corticosteroids, of barcitinib after admission, sp02/FiO2 ratio at admission, time between admission, and sp02/FiO2 ratio and inclusion, and Sp02/FiO2 ratio and CRP at inclusion)



Somers et al; ⁹⁴ Peer reviewed; 2020	Patients with critical COVID-19 infection. 78 received TCZ and 76 received alternative treatment schemes	1	Steroids 25%, remdesivir 3%, hydroxychloroquine 23%	High for mortality Notes: Non- randomized study. Retrospective design. Propensity score was implemented to adjust for potential confounders (no details of variables included in the model are provided).	
Tsai et al; ⁹⁵ Preprint; 2020	Patients with severe COVID-19 infection. 66 received TCZ and 66 received alternative treatment schemes	Mean age 62 ± 14, male 75.8%, hypertension 54%, diabetes 30.3%, chronic lung disease 15.5%, asthma %, CHD 9.85%, CKD 5.3%, cerebrovascular disease 9.1%, cancer 2.25%	Hydroxychloroquine 90.1%, lopinavir-ritonavir %, tocilizumab %, azithromycin 62.1%,	High for mortality Notes: Non- randomized study. Retrospective design. Propensity score was implemented to adjust for potential confounders. (age, sex, body mass index, select baseline laboratory values (lactic acid, ferritin, LDH, procalcitonin, serum creatinine, hypertension, and comorbidity score)	
RCT	Uncerta	Umi inty in potential benefits a	fenovir and harms. Further research	arch is needed.	
Chen et al; ³³ Preprint; 2020	Patients with moderate to critical COVID-19 infection.	Mean age NR ± NR, male 46.6%, hypertension 27.9%,	NR	High for mortality and mechanical ventilation; High for symptom	Mortality: No information



116 assigned to

Favipravir 1600mg

twice the first day followed by 600mg

diabetes 11.4%

resolution, infection

and adverse events

Notes: Non-blinded

Mechanical

information

Symptom

ventilation: No



	twice daily for 7 days and 120 assigned to Umifenovir 200mg three times daily for 7 days			study. Concealment of allocation probably inappropriate.	resolution or improvement: No information Symptomatic infection
ELACOI trial; Li et al; ⁶² Peer reviewed; 2020	Patients with moderate to severe COVID-19 infection. 34 assigned to Lopinavir-Ritonavir 200/50mg twice daily for 7-14 days, 35 assigned to Umifenovir and 17 assigned to SOC	Mean age 49.4 ± 14.7, male 41.7%	Steroids 12.5%, IVIG 6.3%	Low for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.	(prophylaxis studies): No information Adverse events: No information

Vitamin C

Uncertainty in potential benefits and harms. Further research is needed.

Zhang et al; ⁹⁶	Patients with severe	Mean age 67.4 ± 12.4,	NR	High for mortality and	Mortality: Very Low
Preprint; 2020	COVID-19 infection.	male 66.7%,		mechanical ventilation;	certainty $\oplus\bigcirc\bigcirc\bigcirc$
	26 assigned to Vit C 12gr twice a day for 7 days and 28 assigned to SOC	hypertension 44.4%, diabetes 29.6%,		High for symptom resolution, infection and adverse events Notes: Non-blinded study. Concealment of allocation probably inappropriate.	Mechanical ventilation: Very Low certainty ⊕○○○ Symptom resolution or improvement: Very Low certainty ⊕○○○
					Symptomatic infection (prophylaxis studies): No information Adverse events: No information





Vitamin D

Uncertainty in potential benefits and harms. Further research is needed.

RCT

<u>COVIDIOL trial</u> ;
Entrenas Castillo
et al; ⁹⁷ Peer
reviewed; 2020

Patients moderate to Mean age 52.95 ± 10 , severe COVID-19. 50 assigned to Vit D 0.532 once followed by 0.266 twice and 26 assigned to SOC

male 59.2%, hypertension 34.2%, diabetes 10.5%, chronic lung disease 7.9%, CHD 3.9%, immunosuppression 9.2%, cancer %, obesity %

Hydroxychloroquine 100%, azithromycin 100%

High for mortality and mechanical ventilation; High for symptom resolution, infection and adverse events

Notes: Non-blinded study. Concealment of allocation probably inappropriate.

Mortality: No information

Mechanical ventilation: No information

Symptom resolution or improvement: No information

Symptomatic infection (prophylaxis studies): No information

Adverse events: No information

α-Lipoic acid

Uncertainty in potential benefits and harms. Further research is needed.

NR

RCT

Zhong et	<u>al</u> ;98
Preprint;	2020

Patients with critical COVID-19 infection. 8 male 76.5%, assigned to α-Lipoic acid 1200mg infusion | diabetes 23.5%, CHD once daily for 7 days and 9 assigned to SOC

Median age 63 ± 7 , hypertension 47%, 5.9%,

Low for mortality and mechanical ventilation: High for symptom resolution, infection and adverse events

> Notes: Non-blinded study which might have introduced bias to symptoms and adverse events outcomes results.

Mortality: Very Low certainty $\oplus \bigcirc \bigcirc \bigcirc$

Mechanical ventilation: No information

Symptom resolution or improvement: No information

Symptomatic infection (prophylaxis studies): No information



			Adverse events: No
			information



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Appendix

Table 3. Risk of bias of RCT

	Risk-of-bias arising from	Risk-of-bias due to	Risk-of-bias due to	Risk-of-bias in	Risk-of-bias in selection	Overall Risk-of-bias judge	ment
Study	randomization process	deviations from the intended interventions	misssing outcome data	measurement of the outcome	of the reported result	Mortality and Mechanical	Symptoms, infection and
RECOVERY - Dexamethason	Low	Some Concerns	Low	Low	Low	ventilation Low	Some Concerns
RECOVERY - Hydroxychlorog		Some Concerns	Low	Low	Low	Low	Some Concerns
BCN PEP CoV-2	Low	Some Concerns	Some Concerns	Some Concerns	Low	NA NA	Some Concerns
1	Low	Low	Low	Some Concerns	Low	Low	Low
1	Low	Low	High	Low	Low	NA NA	High
	Low	Some Concerns	Low	Some Concerns	Low	Low	High
	High	Some Concerns	Low	High	Low	NA NA	High
1	Low	Low	Low	Low	Low	Low	Low
1	Low	Some Concerns	Low	Some Concerns	Low	Low	High
1	High	Some Concerns	Low	High	Low	NA	High
1	High	Some Concerns	Low	Some Concerns	Low	High	High
1	Low	Low	Low	Low	Low	Low	Low
LOTUS China	Low	Some Concerns	Low	Some Concerns	Low	Low	High
Tang et al	Low	Some Concerns	Low	Some Concerns	Low	Low	High
Hung IF et al	Low	Some Concerns	Low	Some Concerns	Low	Low	High
GRECCO-19	Low	Some Concerns	Low	Some Concerns	Low	Low	High
Li L et al	High	Some Concerns	Low	Some Concerns	Low	High	High
1	Low	Some Concerns	Low	High	Low	NA	High
Chen, Zeng et al	High	Some Concerns	Low	Some Concerns	Low	High	High
1	High	Some Concerns	Low	Some Concerns	Low	High	High
ELACOI	Low	Some Concerns	Low	Some Concerns	Low	Low	High
	Low	Some Concerns	Low	Some Concerns	Low	Low	High
GLUCOCOVID	High	Some Concerns	Low	Low	Low	High	High
1	Low	Low	Low	Some Concerns	Low	Low	Low
1	High	Some Concerns	Low	Low	Low	High	High
1	High	Some Concerns	Low	Low	Low	High	High
1	High	Some Concerns	Low	Low	Low	High	High
	High	Some Concerns	Low	Low	Low	High	High
	High	Some Concerns	Low	Low	Low	High	High
1	High	Some Concerns	Low	Low	Low	High	High
	Low	Some Concerns	Low	Low	Low	Low	Low
	High	Some Concerns	Low	Low	Low	High	High
1	High	Some Concerns	Low	Low	Low	High	High
1	High	Some Concerns	Low	Low	Low	High	High
1	High	Some Concerns	Low	Some Concerns	Low	High	High
1	High	Some Concerns	Low	Some Concerns	Low	High	High
	High	Some Concerns	Low	Some Concerns	Low	High	High
1	High	Some Concerns	Low	Some Concerns	Low	High	High
-	High	Some Concerns	Low	Some Concerns	Low	High	High
1	High	Some Concerns	Low	Some Concerns	Low	High	High
1	High	Some Concerns	Low	Some Concerns	Low	High	High
1	Low	Some Concerns	Low	Low	Low	Low	High
Sakoulas et al	High	Some Concerns	Low	Some Concerns	Low	High	High
	High	Some Concerns	Low	Some Concerns	Low	High	High
	High	Some Concerns	Low	Some Concerns	Low	High	High
	High	Low	Low	Low	Low	High	High
1	High	Some Concerns	Low	Some Concerns	Some Concerns	High	High
Metcovid	Low	Low	Low	Low	Low	Low	Low
Mansour E et al	Low	Low	Low	Some Concerns	Low	Low	High
1	High	Some Concerns	Low	Some Concerns	Low	High	High
RECOVERY - Lopinavir-ritona		Some Concerns	Low	Low	Low	Low	Some Concerns
Miller J et al	High	Some Concerns	Low	Some Concerns	Some Concerns	High	High
Abbaspour Kasgari H et al	High	Some Concerns	Low	Some Concerns	Low	High	High
Sadeghi A et al	High	Some Concerns	Low	Low	Low	High	High
Shu L et al	High	Some Concerns	Low	Some Concerns	Low	High	High
SIMPLE 2	Low	Some Concerns	Low	Some Concerns	Low	Some Concerns	High
Abd-Elsalam S et al	High	Some Concerns	Low	Some Concerns	Low	High	High
Sekhavati E et al	High	Some Concerns	Low	Some Concerns	Low	High	High
Zagazig University	High	Some Concerns	Low	Some Concerns	Low	High	High
	High	Some Concerns	Low	Some Concerns	Low	High	High
1	Low	Some Concerns	Low	Some Concerns	Low	Low	High
	Low	Some Concerns	Low	Some Concerns	Low	Low	High
1	Low	Some Concerns	Low	Some Concerns	Low	Low	High
COVIDIOL	High	Some Concerns	Low	Some Concerns	Low	High	High
1	Low	Low	Low	Low	Low	Low	Low
	Low	Low	Low	Low	Low	Low	Low
1				Some Concerns	Low	Low	High
COVACTA	Low	Some Concerns	Low	Julie Colicellia			
COVACTA COALITION II	Low High	Some Concerns	Low	Some Concerns	Low	High	High
COVACTA COALITION II Li T et al							_
COVACTA COALITION II Li T et al Wang D et al	High	Some Concerns	Low	Some Concerns	Low	High	High



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