



# NONCOMMUNICABLE DISEASES PROGRESS MONITOR 2020 **SCORECARD**

FOR THE AMERICAS



**PAHO**



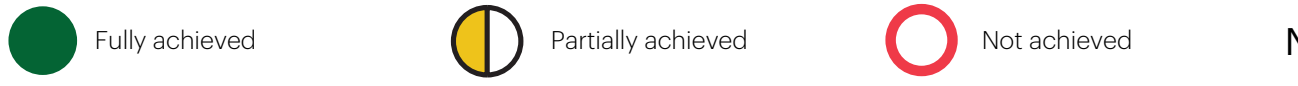
Pan American  
Health  
Organization



World Health  
Organization  
REGIONAL OFFICE FOR THE  
Americas

# Progress Indicators, 2020 - Region of the Americas

Country	1	2	3	4	5 TOBACCO					6 ALCOHOL	
	targets	mortality	surveys	NCD plans	a taxes	b smoke-free environments	c health warnings	d TAPS bans	e media campaign	a availability	b advertising restrictions
Antigua and Barbuda	●	●	○	●	○	●	◐	●	○	◐	○
Argentina	●	●	●	◐	●	●	●	◐	◐	◐	◐
Bahamas	●	●	◐	◐	NR	○	○	○	○	◐	○
Barbados	●	◐	◐	●	○	●	●	○	○	◐	○
Belize	●	●	○	●	○	○	○	○	○	●	○
Bolivia (Plurinational State of)	◐	○	◐	○	○	◐	●	◐	◐	◐	○
Brazil	●	●	◐	●	●	●	●	●	●	◐	○
Canada	●	●	●	●	◐	●	●	◐	○	◐	NR
Chile	●	●	◐	●	●	●	●	◐	◐	◐	○
Colombia	●	●	◐	●	●	●	◐	●	NR	◐	◐
Costa Rica	●	●	◐	●	◐	●	●	◐	●	●	●
Cuba	●	●	◐	○	◐	◐	◐	○	NR	◐	○
Dominica	○	●	○	○	○	○	○	○	◐	◐	○
Dominican Republic	●	◐	◐	●	◐	◐	○	○	○	◐	○
Ecuador	○	◐	●	○	◐	●	●	◐	○	◐	NR
El Salvador	●	◐	●	●	○	●	●	◐	●	◐	○
Grenada	●	●	◐	○	○	○	○	○	○	◐	○
Guatemala	●	●	●	●	○	●	○	○	NR	◐	○
Guyana	●	●	◐	●	○	●	●	●	○	◐	○
Haiti	○	○	◐	○	NR	○	○	○	○	NR	NR
Honduras	●	◐	○	○	○	●	●	◐	◐	●	○
Jamaica	○	●	◐	○	○	●	●	○	NR	◐	○
Mexico	○	●	◐	○	◐	◐	●	○	NR	◐	○
Nicaragua	○	◐	◐	DK	○	◐	◐	○	○	◐	◐
Panama	○	●	◐	●	◐	●	●	●	●	◐	○
Paraguay	●	◐	◐	●	○	◐	◐	◐	○	◐	◐
Peru	○	◐	◐	◐	○	●	●	○	NR	◐	●
Saint Kitts and Nevis	○	●	○	○	○	○	○	○	○	●	○
Saint Lucia	○	●	◐	●	◐	○	●	○	●	◐	○
Saint Vicent and the Grenadines	●	●	◐	●	○	○	○	○	○	●	○
Suriname	●	◐	◐	●	○	●	●	●	○	○	○
Trinidad and Tobago	●	◐	◐	◐	○	●	●	○	○	◐	○
United States of America	●	●	●	●	○	○	◐	○	●	◐	○
Uruguay	●	●	◐	●	◐	●	●	●	NR	◐	○
Venezuela (Bolivarian Republic of)	●	●	◐	○	◐	●	●	○	○	◐	○
<b>Fully achieved</b>	<b>24</b>	<b>23</b>	<b>6</b>	<b>19</b>	<b>4</b>	<b>20</b>	<b>20</b>	<b>7</b>	<b>6</b>	<b>5</b>	<b>2</b>
<b>Partially achieved</b>	<b>1</b>	<b>10</b>	<b>24</b>	<b>4</b>	<b>10</b>	<b>6</b>	<b>6</b>	<b>9</b>	<b>5</b>	<b>28</b>	<b>4</b>
<b>Not achieved</b>	<b>10</b>	<b>2</b>	<b>5</b>	<b>11</b>	<b>19</b>	<b>9</b>	<b>9</b>	<b>19</b>	<b>17</b>	<b>1</b>	<b>26</b>



7

## HEALTHY DIET

8

9

10

	c	a	b	c	d							
	taxes	salt policies	trans-fats policies	children marketing	breastmilk substitute	physical activity	NCD guidelines	CVDs drugs and counseling	Fully achieved	Partially achieved	Not achieved	Country
	○	○	○	○	○	●	○	○	6	2	11	Antigua and Barbuda
	○	◐	●	○	◐	◐	●	◐	8	9	2	Argentina
	◐	○	○	○	○	●	◐	DK	3	5	9	Bahamas
	◐	○	○	○	○	●	◐	○	5	5	9	Barbados
	◐	○	○	○	○	●	◐	DK	5	2	11	Belize
	●	◐	○	○	●	○	●	○	4	7	8	Bolivia (Plurinational State of)
	○	◐	◐	●	●	●	●	◐	12	5	2	Brazil
	NR	◐	●	●	○	●	●	●	11	4	2	Canada
	◐	●	●	●	◐	●	●	●	12	6	1	Chile
	○	◐	●	○	◐	●	●	●	10	6	2	Colombia
	●	◐	◐	○	◐	●	●	●	12	6	1	Costa Rica
	○	○	○	○	◐	●	●	●	5	6	7	Cuba
	◐	○	○	○	○	●	◐	●	3	4	12	Dominica
	◐	○	○	○	●	◐	●	◐	4	8	7	Dominican Republic
	◐	●	◐	●	◐	●	◐	○	6	8	4	Ecuador
	○	○	○	○	◐	●	●	○	8	4	7	El Salvador
	◐	○	○	○	○	●	○	○	3	3	13	Grenada
	●	◐	○	○	◐	●	●	○	8	3	7	Guatemala
	◐	○	○	○	○	●	◐	○	7	4	8	Guyana
	NR	○	○	○	○	○	●	○	1	1	13	Haiti
	●	○	○	○	◐	●	◐	○	6	5	8	Honduras
	●	◐	◐	○	○	●	◐	○	5	5	8	Jamaica
	◐	◐	●	●	◐	●	●	○	6	7	5	Mexico
	○	○	○	○	◐	○	●	○	1	7	10	Nicaragua
	◐	○	○	○	●	●	◐	○	8	5	6	Panama
	●	◐	○	○	◐	○	DK	○	3	9	6	Paraguay
	◐	◐	●	●	●	●	◐	○	7	7	4	Peru
	●	○	○	○	○	●	●	○	5	0	14	Saint Kitts and Nevis
	◐	○	○	○	○	●	◐	◐	5	6	8	Saint Lucia
	○	◐	○	○	○	◐	◐	○	4	4	11	Saint Vicent and the Grenadines
	●	○	○	○	○	○	◐	DK	6	3	9	Suriname
	◐	○	○	○	◐	●	DK	●	5	6	7	Trinidad and Tobago
	◐	◐	●	●	○	●	●	DK	9	4	5	United States of America
	○	●	◐	●	◐	○	◐	DK	8	6	3	Uruguay
	◐	○	○	○	●	◐	●	○	6	5	8	Venezuela (Bolivarian Republic of)
	8	3	7	8	6	25	17	7				
	16	13	5	0	14	4	14	4				
	9	19	23	27	15	6	2	19				

NR No response

DK Don't know

Note: please see back page for further explanation related to indicators and their cut-off dates

Consider setting **national NCD targets for 2025:**

- 1** Member State has set timebound national targets based on WHO guidance
- 2** Member State has a functioning system for generating reliable cause-specific mortality data on a routine basis
- 3** Member State has a STEPS survey or a comprehensive health examination Survey every 5 years

Consider **developing national multisectoral policies and plans** to achieve the national targets by 2025:

- 4** Member State has an operational multisectoral national strategy/action plan that integrates the major NCDs and their shared risk factors

**Reduce risk factors for NCDs**, building on guidance set out in the WHO Global NCD Action Plan:

- 5** Member State has implemented the following five demand-reduction measures of the WHO FCTC at the highest level of achievement:
  - a** Reduce affordability by increasing excise taxes and prices on tobacco products
  - b** Eliminate exposure to secondhand tobacco smoke in all indoor workplaces, public places and public transport
  - c** Implement plain/standardized packaging and/or large graphic health warnings on all tobacco packages
  - d** Enact and enforce comprehensive bans on tobacco advertising, promotion and sponsorship
  - e** Implement effective mass media campaigns that educate the public about the harms of smoking/tobacco use and second hand smoke

**Cut-off dates of data collection:**  
Indicators 1, 3, 4, 7a, 7b, 7c, 8, 9 and 10: June 2019  
Indicator 2: October 2016  
Indicator 5a: July 2018  
Indicator 5b, 5c and 5d: December 2018  
Indicator 5e: June 2018  
Indicator 6: October 2019  
Indicator 7d: April 2018

For more information: [www.paho.org/en/ncds-progress-monitor-2020](http://www.paho.org/en/ncds-progress-monitor-2020)

**6** Member State has implemented, as appropriate according to national circumstances, the following three measures to reduce the harmful use of alcohol as per the WHO Global Strategy to Reduce the Harmful Use of Alcohol:

- a** Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)
- b** Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- c** Increase excise taxes on alcoholic beverages

**7** Member State has implemented the following four measures to reduce unhealthy diets:

- a** Adopt national policies to reduce population salt/sodium consumption
- b** Adopt national policies that limit saturated fatty acids and virtually eliminate industrially produced trans fatty acids in the food supply
- c** WHO set of recommendations on marketing of foods and nonalcoholic beverages to children
- d** Legislation/regulations fully implementing the International Code of Marketing of Breast-milk Substitutes

**8** Member State has implemented at least one recent national public awareness and motivational communication for physical activity, including mass media campaigns for physical activity behavioural change

**Strengthen health systems to address NCDs** through people centred primary health care and universal health coverage, building on guidance set out in WHO Global NCD Action Plan

**9** Member State has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach recognized/approved by government or competent authorities

**10** Member State has provision of drug therapy, including glycaemic control, and counselling for eligible persons at high risk to prevent heart attacks and strokes, with emphasis on the primary care level