Pan American Health Organization

NINTH MEETING OF THE ADVISORY COMMITTEE ON MEDICAL RESEARCH

Headquarters Building Conference Room B Pan American Health Organization 525 Twenty-third Street, N.W. Washington, D.C.

15-19 June 1970

AGENDA OF THE NINTH MEETING

MEMBERS OF THE PAHO/ACMR

SPECIAL SESSION ON METABOLIC ADAPTATION AND NUTRITION

PANEL ON RESEARCH IN MEDICAL EDUCATION

Ref: RD 49/5-1

5 June 1970

PAN AMERICAN HEALTH ORGANIZATION
Pan American Sanitary Bureau, Regional Office of the
WORLD HEALTH ORGANIZATION

Washington, D.C.

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15-19 June 1970

#### PRELIMINARY AGENDA

Monday 15 June	•	
9:00 a.m.	1.	Opening of the Meeting - Chairman: M. Roche
	12.	Introductory statement - A. Horwitz
9:20	<b>√</b> 3.	Results of the nutrition surveys of Central America and Panama - G. Arroyave (25 mins.)
9:45		Discussion
10:05	$\sqrt{4}$ .	Status of medical mycology in Latin America - L. Ajello (20 mins.)
10:25		Discussion
1		
10:45	/	C o f f e e
11:00 V	5.	Survey of resources in Latin America for advanced training in parasitology - P. E. Thompson (20 mins.)
11:20		Discussion
11:40	√ <sub>6</sub> .	An evaluation method to measure the effectiveness of PAHO programs - J. Ortiz, R. Parker (20 mins.)
12:00 noon		Discussion
12:30 p.m.		. L u n c h
2:00	√7 <b>.</b>	Review of the program for advanced training in immunology - E. A. Kabat, O. Bier, J. Kumate (30 mins.)
2:30		Discussion

15 J			
3:00	) p.m.	√8.	Progress report of the Inter-American Investigation of Mortality in Childhood - R. Puffer, C. Serrano (25 mins.)
3:25	5		Discussion
3:45	5	•	C of f e e
4:00	)	<b>/</b> 9.	Plans for the establishment of a Latin American Regional Center for Advanced Training and Research on the Health Aspects of Population - R. Prindle (20 mins.)
4:20	)	,	Discussion
4:45	,	√10 <b>.</b>	Ecological implications of insect control: agriculture, disease, and development - M. T. Farvar (20 mins.)
5:05	j		Discussion
Tuesda	<u>y</u>		
<u> 16 J</u>	une		
_	a.m. to 30 p.m.	11.	Special session on "Metabolic Adaptation and Nutrition" - Moderators: P. P. Cohen and J. C. Waterlow (For agenda see page 8)
Wednes 17 J			
	a.m. to 30 p.m.	12.	Panel on "Research in Medical Education" - Moderator: S. Zubirán (For agenda see page 11)
	p.m. to 00 p.m.	13.	Review of the functions and activities of the PAHO/ACMR - Moderator: A. Wolman. Background presentation: C. Kidd
4:00	1		C o f f e e
		14.	Reports of Scientific Meetings
4:15	5		14.1 Working Group on Radiation Protection - J. Litvak (15 mins.)
4:30			Discussion

Wednesday 17 June	•	
4:50 p.m.	14.2	Scientific Group for the Establishment of a Multinational Program in Nuclear Medicine - J. Litvak (15 mins.)
5 <b>:</b> 05		Discussion
Thursday 18 June		
9:00 a.m.	14.3	International Symposium on Mycoses - <u>L. Ajello</u> (20 mins.)
9:20	· ·	Discussion
9:40	14.4	Study Group on Chagas' Disease - L. Olivier (20 mins.)
10:00		Discussion
10:15	14.5	Surveillance of dengue in the Americas - $\underline{\text{W.F.}}$ Scherer (15 mins.)
10:30		Discussion
10:45		C o f f e e
11:00	14.6	Study Group on the Prevention of Aëdes aegypti- borne Diseases - W. C. Reeves (15 mins.)
11:15	,	Discussion
11:30	14.7	Technical Group on Maternal Nutrition and Family Planning - E. Gold, J. G. Chopra (20 mins.)
11:50		Discussion
12:10 p.m.	14.8	Scientific Advisory Committee for the Pan American Zoonoses and Foot-and-Mouth Disease Centers - H. Koprowski (20 mins.)
12:30		Discussion
12:45		L u n c h

Thursday 18 June

> 2:30 p.m. 15.

Selection of topic for the special session of the Tenth PAHO/ACMR Meeting

16. Other matters

3:30

Friday 19 June

> 10:00 a.m. 17. Committee recommendations

12:00 noon 18. Closure of the Meeting

#### PAHO ADVISORY COMMITTEE ON MEDICAL RESEARCH

Dr. Hernán Alessandri /Ex-Decano, Facultad de Medicina Universidad de Chile Santiago, Chile

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Dr. Marcel Roche (<u>Chairman</u>)
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Emeritus Professor of Sanitary

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#### Secretary

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<sup>\*</sup> Unable to attend

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Dr. Charles V. Kidd Council on Federal Relations The Association of American Universities Washington, D.C., USA Dr. Hilary Koprowski The Wistar Institute Philadelphia, Pennsylvania, USA

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15-19 June 1970

## SPECIAL SESSION ON

## METABOLIC ADAPTATION AND NUTRITION

Moderators: P. P. Cohen, J. C. Waterlow

## Preliminary Agenda

## Tuesday 16 June

## Morning Session: P. P. Cohen, Moderator

8:45 a.m.	Int	roductory remarks - P. P. Cohen
9:00	1.	Physiological adaptation: the test of nutrition - V. R. Potter (40 mins.)
9:40		Discussion
9:50	2.	Adaptability and amino acid requirements - A. E. Harper (30 mins.)
10:20		Discussion
10:30	3.	Enzyme synthesis and degradation; effect of nutritional status - R. T. Schimke (30 mins.)
11:00		Discussion
11:10		C o f f e e
11:25	4.	Dietary effect on liver glucokinases - H. Niemeyer (20 mins.)

Tuesday 16 June		
11:45 a.m.	5.	The physiological significance of changes in tissue enzyme levels as affected by diet - G. Soberón (20 mins.)
12:05 p.m.		Discussion of Items 4 and 5
12:25		L u n c h
		Afternoon Session: J. C. Waterlow, Moderator
2:00 p.m.	6.	Concept of "normal" in nutrition - J. C. Waterlow (20 mins.)
2:20		Discussion
2:30	7-	Physiological and social adaptation in famine - J. Mayer (20 mins.)
2:50		Discussion
3:00	8.	Standards for the diagnosis of vitamin deficiency in man - G. Arroyave (20 mins.)
3:20	9•	Discussion - A. E. Schaefer (10 mins.)
3:30		C o f f e e
3:45	10.	Anemia and normality - A. H. Waters (20 mins.)
4:05		Discussion
4:15	11.	Endocrine mechanisms in nutritional adaptation - F. Mönckeberg (20 mins.)
4:35	٠	Discussion
4:45	12.	Homeostatic mechanisms in the regulation of serum albumin level - R. Hoffenberg (20 mins.)
5:05		Discussion
5:15	13.	Summary - J. C. Waterlow (10 mins.)

#### SPECIAL SESSION ON

#### METABOLIC ADAPTATION AND NUTRITION

Moderators: P. P. Cohen, J. C. Waterlow

### Participants

Dr. Guillermo Arroyave
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Department of Hematology
St. Bartholomews Hospital and
Medical College
London, England

# PANEL ON RESEARCH IN MEDICAL EDUCATION

Moderator: S. Zubirán

## AGENDA

Wednesday 17 June		
9:00 a.m.		Introductory remarks - S. Zubirán
9:05	i.	Major problems in the training of health personnel: opportunities for research - A. Horwitz (15 mins.)
9:20	2.	The decision for studying medicine - J. C. García (20 mins.)
9:40	3.	The medical diagnostic process: method and preliminary findings - H. Jason, A. Elstein (20 mins.)
10:00	4.	Factors in the early development and evaluation of clinical competence in medical education - H.M. Scott (15 mins.)
10:15	5.	New models in the training of health personnel
		5.1 The University of Brasilia - L. C. Lobo, J. R. Ferreira (15 mins.)
		5.2 The University of Sherbrooke - G. LaSalle (15 mins.)
10:45		C offee e
11:00	6.	Opportunities for quasi-experimental evaluation of changes in medical school programs - D. T. Campbell, E. Hutchins (20 mins.)
11:20		Discussion
12:30 p.m.	7.	Closure of the panel

# PANEL ON RESEARCH IN MEDICAL EDUCATION

Moderator: S. Zubirán

#### Participants

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Dr. Luis Carlos Lobo Faculty of Medical Sciences University of Brasília Brasília, Brazil

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Dr. Abraham Horwitz Director Pan American Health Organization Washington, D.C., USA

Dr. Ramón Villarreal (Secretary of the Panel)
Department of Human Resources
Development
Pan American Health Organization
Washington, D.C., USA

<sup>\*</sup>Unable to attend

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INTRODUCTORY STATEMENT BY DOCTOR ABRAHAM HORWITZ \* TO THE NINTH MEETING OF THE ADVISORY COMMITTEE ON MEDICAL RESEARCH

15-19 JUNE 1970

Epicauments Washington, D.C.

(Tours 1. 3 PAN AMERICAN SANTARY BUREAU WASHINGTON, D.C.

IT GIVES ME GREAT PLEASURE TO VELCOME THE MEMBERS AND INVITED PARTICIPANTS TO THIS NINTH MEETING OF THE PAHO ADVISORY COMMITTEE ON MEDICAL RESEARCH. IN PARTICULAR, I WISH TO GREET THE NEW MEMBER OF THE COMMITTEE. DOCTOR HERNANDO GROOT, WHO IN HIS CAPACITY AS CONSULTANT HAS CONTRIBUTED EXTENSIVELY TO THE WORK OF THE ORGANIZATION OVER THE YEARS. DOCTOR GROOT HAS DISTINGUISHED HIMSELF IN HIS GAN FIELD OF VIROLOGY AND IN UNIVERSITY AFFAIRS AS WELL, AS VICE RECTOR OF THE UNIVERSITY OF THE ANDES IN BOGOTA.

DOCTOR ROBERTO CALDEYRO-BARCIA LEAVES THE RANKS OF THE ADVISORY COMMITTEE TO JOIN THE STAFF OF PAHO AS DIRECTOR OF THE LATIN AMERICAN CENTER OF PERINATOLOGY AND HUMAN DEVELOPMENT IN MONTEVIDEO. I TAKE THIS COCASION TO EXPRESS

Director, Pan American Sanitary Bureau, Regional Office for the Americas of the World Health Organization

OUR APPRECIATION TO HIT FOR HIS VALUABLE COLLABORATION IN YEARS PAST AND TO SAY THAT WE ARE COUNTING ON THE CONTINUED BENEFIT OF HIS PARTICIPATION IN THE FUTURE ACTIVITIES OF THE ACMR.

BRIEFLY, LET ME HIGHLIGHT SEVERAL ASPECTS OF THE PROGRAM THAT HAS BEEN PLANNED FOR THIS MEETING.

SURVEYS OF CENTRAL AMERICA AND PANAMA, PERHAPS THE MOST
COMPREHENSIVE DEVELOPED IN THE WORLD. THEY MERE CONDUCTED
BY THE GOVERNMENTS, INCAP AND THE NATIONAL INSTITUTES OF
HEALTH OF THE PUBLIC HEALTH SERVICE OF THE UNITED STATES.
THE LABORATORY AND STATISTICAL AMALYSES HAVE BEEN COMPLETED,
AND A REPORT FOR EACH OF THE COUNTRIES HAS BEEN PUBLISHED.
THIS WILL SERVE AS A BASELINE FOR THE FORMULATION OF A FOOD
AND METRITION POLICY BY EACH GOVERNMENT, AS HAS BEEN DECIDED
BY THE GOVERNING BODIES OF PAHO AND THE MINISTRIES OF
AGRICULTURE.

MYCOTIC INFECTIONS HAVE GAINED INCREASING IMPORTANCE AS A PUBLIC HEALTH PROBLEM IN THE WAKE OF MEDICAL ADVANCES THAT NEWE PERMITTED GREATER CONTROL OF BACTERIAL, PARASITIC, AND VIRAL DISEASES. SC FAR, DATA ON THEIR INCIDENCE, PREVALENCE, MORBIDITY, AND MORTALITY ARE CITHER FRAGMENTARY OR NOT AVAILABLE. THE GROWING AWARENESS OF THE PROBLEM IS ACCOMPANIED, UNFORTUNATELY, BY AN ALSO INCREASING SHORTAGE OF MEDICAL MYCOLOGISTS. DOCTOR AJELLO, OUR ADVISOR, WILL DISCUSS THE STATUS OF MEDICAL MYCOLOGY IN LATIN AMERICA AND REPORT ON AN INTERNATIONAL SYMPOSIUM ON THE MYCOSES, INVOLVING THE PARTICIPATION OF SOME SEVENTY SCIENTISTS SPONSORED BY OUR ORGANIZATION.

ONE OF THE BIGGEST PROBLEMS CURRENTLY FACING MEALTH
ADMINISTRATORS IN LATIN AMERICA IS HOW TO MAKE MAXIMUM USE
OF THE LIMITED RESOURCES AVAILABLE TO THEM. OPERATIONS
RESEARCH SUPPLIES THE SCIENTIFIC METHODOLOGIES FOR
ESTABLISHING ORDERS OF PRIORITIES, DETERMINING THE BASES

UPON WHICH CHOICES CAN BE MADE, AND DEVELOPING OBJECTIVE MEANS FOR DECIDING ON THE RELATIVE EFFECTIVENESS OF DIFFERENT PROGRAMS. IN THE PRESENTATION TODAY, A LIFE TABLE APPROACH TO MEASURING THE EXPECTED IMPACT OF VARIOUS PROGRAMS IS DERIVED AND EXAMPLES ARE GIVEN. THE SENSITIVITY OF THE LIFE TABLE TO CHANGES IN BIRTH AND DEATH RATES IS EXAMINED TO DETERMINE WHICH PARTICULAR DISEASES AND THEIR AGE DISTRIBUTION ARE ASSOCIATED WITH THE GREATEST POTENTIAL FOR CHANGE IN LIFE EXPECTANCY. BY RELATING THE POSSIBLE PATHS OF ACTION TO THE AGE-DISEASE ENTITIES THAT ARE MOST PRESSING, IT IS POSSIBLE TO DECIDE WHICH PROGRAMS SHOULD BE EXPLORED FOR IMPLEMENTATION.

PARASITIC INFECTIONS CONTINUE TO ACCOUNT FOR A NOT-INSIGNIFICANT SHARE OF THE MORBIDITY AND MORTALITY DUE TO COMMUNICABLE DISEASES IN LATIN AMERICA AND THE CARIBBEAN REGION. A RECENT PAHO-SPONSORED SURVEY OF THE PROBLEM UNDERSCORED THE PREVALENCE OF ECOLOGIC CONDITIONS THAT

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PAVOR PARASITISM IN RURAL AREAS AND IN MARGINAL URBAN
DISTRICTS THROUGHOUT THE COUNTRIES IDENTIFIED. ATTENTION
WAS CALLED TO THE NEED FOR FURTHER RESEARCH ON MEANS OF
ENVIRONMENTAL CONTROL THAT WOULD EFFECTIVELY INTERRUPT THE
TRANSPISSION OF A NUMBER OF THESE DISEASES. THE DEVELOPMENT
OF CENTERS IN LATIN AMERICA WOR TRAINING AND RESEARCH IN
PARASITOLOGY AND THE BUILDING OF A BASIS FOR INTERNATIONAL,
WELTIDISCIPLINARY COOPERATION AMONG SPECIALISTS IN THE
FIELD, WERE FELT TO BE THE BEST APPROACHES TO THE PROBLEM.
AN ITEM OF YOUR AGENDA HAS BEEN SET ASIDE FOR CONSIDERATION
OF THE RESULTS OF THIS STUDY.

ENORMOUSLY RAPID ADVANCES IN THE FIGLOS OF

IMMUNCLOGY AND IMMUNOCHEMISTRY OVER THE PAST 25 YEARS MAVE

LED THE WORLD HEALTH ORGANIZATION AND THE PAN AMERICAN MEALTH

ORGANIZATION TO SELECT THIS AREA OF STUDY AS THE BASIS FOR A

NETWORK OF RESEARCH AND TRAINING CENTERS IN THE DEVELOPING

COUNTRIES. IT IS INTENDED THAT THESE CENTERS WILL SERVE AS NUCLEI FOR THE ADVANCEMENT OF SCIENTIFIC RESEARCH IN THEIR RESPECTIVE REGIONS OF THE WORLD. THEY WILL, IN ADDITION, FOSTER INCREASED CONTACT BETWEEN THEIR OWN SCIENTISTS AND MORKERS IN EUROPE, NORTH AMERICA, AND AUSTRALIA; ENCOURAGE NEW RESEARCH ON PROBLEMS OF SPECIAL IMPORTANCE FOR THE GEOGRAPHICAL AREAS CONCERNED; AND DEVELOP TRAINING COURSES AT THE POSTGRADUATE LEVEL IN IMMUNOLOGY AND IMMUNOCHEMISTRY WITH A VIEW TO PRODUCING A HIGHLY TRAINED CORE OF PROFESSIONALS. OF THE FIVE CENTERS ESTABLISHED SC FAR, TWO ARE IN THE WESTERN HEMISPHERE: CHE IN SAO PAULO AND THE CTHER IN MEXICO CITY. THE WORK THEY HAVE DONE SO FAR WILL BE REVIEWED FOR YOU THIS AFTERNOON.

A COMPREHENSIVE PROGRESS REPORT ON THE INTERAMERICAN INVESTIGATION OF MORTALITY IN CHILDHOOD, INITIATED
THE YEARS AGE IN 13 SELECTED AREAS IN LATIN AMERICA, WILL BE
PRESENTED TO YOU TODAY. THIS STUDY WAS DESIGNED TO DETERMINE

DEATH RATES AS ACCURATE AND AS COMPARABLE AS PESSIBLE IN THE COMMUNITIES SELECTED, TAKING INTO ACCOUNT THE NUTRITIONAL, SECICLOGICAL, AND EDVIRONMENTAL FACTORS RESPONSIBLE FOR EXCESSIVE MORTALITY. IT IS INTERDED TO USE THE RESULTING INFORMATION TO COMPARE UNDERLYING AND CONTRIBUTORY CAUSES OF DEATH AND TO INVESTIGATE RELATION-SHIPS WITH IMPECTIOUS DISEASES, WUTRITIONAL DEFICIENCY STATES, AND SOCIOLOGICAL CONDITIONS. THE PRELIMINARY RESULTS OF THE INVESTIGATION AND ALREADY DEING APPLIED TO THE REPROVENENT OF LOCAL COMDITIONS; THEY ARE POINTING OUT PROBLEMS TO BE SOLVED CURRENTLY: AND THEY ARE PROVIDING DATA FOR LUCAL, NATIONAL, AND INTERNATIONAL HEALTH PLANNING.

REGIONAL CENTER FOR ADVANCED TRAINING AND RESEARCH ON THE SECURITY ASPECTS OF POPULATION WILL BE DISCUSSED WITH YOU.

WE ARE COUNTING ON YOUR GUIDANCE IN THIS IMPOSTANT NEW UNDERTAKING.

THE ECCLOSICAL IMPLICATIONS OF INSECT CONTROL IS THE LAST ITEM ON YOUR PROGRAM THIS AFTERNOON. AN INVESTIGATION IS CURRENTLY DEING CONDUCTED WITH PAHO PARTICIPATION IN CENTRAL AFERICA TO IDENTIFY THE PEST AND VECTOR CONTROL TECHNIQUES NOW IN USE THAT INVOLVE THE INTERSIVE APPLICATION OF INSECTICIDES AND TO DETERMINE THE ECOLOGICAL CONSETUENCES OF THESE METHODS FOR AGRICULTURE. PUBLIC HEALTH, AND DEVELOPMENT IN THE COUNTRIES INVOLVED. IN ADDITION, A MODEL INTERDISCIPLINARY STRATEGY IS BEING BEVELOPED FOR THE STUDY OF ENVIRONMENTAL PROBLEMS RESULTING FROM THE INTRODUCTION OF MODERN TECHNOLOGICAL INNOVATIONS IN THE LESS DEVELOPED COUNTRIES.

THIS YEAR OUR SPECIAL SESSION, TO BE HELD TOMORROW,
WILL FECES ON THE PROBLEM OF NUTRITION AND HETABOLIC
ADAPTATION, AND IT IS HOPED THAT NEW CONCEPTS AND EXPERIMENTAL
APPROACHES WILL EMERGE FROM THIS COLLOQUIUM.

IN THE MORNING SESSION CONSIDERATION WILL BE GIVEN TO THE MANY DIOCHEMICAL FUNCTIONS THAT REVEAL ADAPTIVE CHANGES. FOLLOWING THIS, IN THE AFTERNOON, ATTENTION WILL BE GIVEN TO WAYS OF DEFINING THE GAMGE OF ADAPTATION COMPATIBLE WITH NORMAL FUNCTION AND TO THE CRITERIA FOR DISTINGUISHING BETWEEN MORNAL AND ABNORMAL.

THE PROCEEDINGS OF THIS SESSION WILL BE PUBLISHED PROMPTLY, AND WE FEEL THAT THEY WILL CONSTITUTE A VALUABLE MONOGRAPH FOR BASIC SCIENTISTS IN THE FIELDS OF PHYSIOLOGY, BIOCHEMISTRY, AND NUTRITION, AS WELL AS FOR FEDIATRICIANS, INTERNISTS, AND PUBLIC HEALTH WORKERS INTERESTED IN THE CURRENT STATUS OF THIS IMPORTANT SUBJECT.

WE ARE GRATEFUL TO PROFESSORS COHEN AND WATERLOW FOR THE WORK THEY HAVE DONE IN CUGANIZING THIS MOST INTERESTING PART OF THE AGENDA.

IN RESPONSE TO THE COMMITTEE'S REQUEST OF LAST YEAR, WEDNESDAY MORNING WILL BE GIVEN OVER TO A SPECIAL PANEL ON

RESEARCH IN MEDICAL EDUCATION. AREAS THAT NEED TO BE INVESTIGATED WILL BE IDENTIFIED, AND RECENT FINDINGS FROM CURRENT RESEARCH ON VARIOUS ASPECTS OF THE EDUCATIONAL FROCESS IN HEDICINE WILL BE REPORTED.

LAST YEAR THE COMMITTEE ALSO SUGGESTED THAT THE
BE SET ASIDE FOR A REVIEW OF ITS OWN FUNCTIONS AND
ACTIVITIES. IN PREPARATION FOR THIS ASSESSMENT, A SET OF
CLASTICHS ON THE ROLE OF THE PAHO RESEARCH PROGRAM IN
RELATION TO BIOMEDICAL RESEARCH IN LATIN AMERICA AND, IN
PARTICULAR, ON THE PAHT PLAYED BY THE ACMR WAS PREPARED AND
SENT TO PRESENT AND FORMER MEMBERS OF THE COMMITTEE FOR
THEIR VIEWS. THE RESULTS OF THIS INFORMAL SURVEY WILL BE
REVIEWED ON MEDNESDAY AFTERNOON AS DACKGROUND FOR THE
DISCUSSION OF THE TOPIC.

THE REMAINDER OF THE REETING WILL BE DEVOTED TO A SERIES OF REPORTS ON THE PAHO OCCURNTIFIC MEETINGS THAT HAVE BEEN HELD IN THE LAST 12 MONTHS.

IN CONCLUDING, I WISH TO EXPRESS OUR GRATITUDE FOR
THE INVALUABLE GUIDANCE AND ADVICE THAT THE COMMITTEE
PROVIDES THE ORGANIZATION. I AWAIT WITH PLEASURE THE
DELIBERATIONS AND RECOMMENDATIONS OF THE PRESENT MEETING.