



PAN AMERICAN HEALTH ORGANIZATION
WORLD HEALTH ORGANIZATION



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ORIGINAL: SPANISH

G. TOWARDS THE ELIMINATION OF ONCHOCERCIASIS (RIVER BLINDNESS) IN THE AMERICAS

Background

1. Onchocerciasis is an infection produced by the parasite *Onchocerca volvulus* that is transmitted to humans by bites from flies of the genus *Simulium*. The disease causes itching, dermatological deformations, loss of vision, and blindness. The prevalence and the intensity of microfilaraemia significantly increase with age, but no association has been found with the gender of those affected (1, 2).
2. Onchocerciasis is endemic in 13 foci located in six countries of the Americas (Brazil, Colombia, Ecuador, Guatemala, Mexico, and Venezuela). The number of people exposed to the risk of infection and blindness has decreased from approximately 1.6 million in 1996 (3) to 379,234 in 2013 (see Annex A).
3. In 1991, the Directing Council of the Pan American Health Organization (PAHO) adopted Resolution [CD35.R14](#) related to the elimination of onchocerciasis in the Americas. The donation of medicines in the required amount and for the necessary time—announced in the [Ivermectin Donation Program](#) in 1987—was designed to contribute to the elimination of the disease. In 1993, with the support of PAHO, the [Onchocerciasis Elimination Program for the Americas](#) (OEPA) was created to pool the efforts of partner agencies with a view to achieving the elimination of the disease and providing technical and financial assistance to national programs. The goal was reaffirmed in Resolutions [CD48.R12](#) (2008) and [CD49.R19](#) (2009), which set 2012 as the year to achieve the goal of eliminating ocular morbidity and interrupting transmission of the disease in the Region.

4. This Progress Report submitted to the Governing Bodies of PAHO in 2013 sets forth the challenges that must be overcome to attain the goal set for the Region and to sustain the accomplishments achieved to date.

Achievements

5. Blindness caused by onchocerciasis has been considered to be eliminated in the Region of the Americas since 1995, as no new cases have been reported since that year. As a result of the regional initiative, as of 2013, 184,310 persons are considered as being no longer at risk, since the disease has been eliminated in the seven foci listed in Annex B. In the Yanomami region of Brazil and Venezuela, 20,495 persons are eligible to receive treatment, while 354,207 are living in post-treatment epidemiological surveillance zones (Annex B). The transmission of onchocerciasis has been eliminated in seven foci and interrupted in four, which means that in these 11 foci, mass drug administration has been suspended (Annexes A, B, and C), and the goal established in Resolution CD48.R12 has been reached.

6. Colombia is the first country in the Americas and in the world to have eliminated the transmission of onchocerciasis, and in July 2013 received official verification from PAHO/WHO to that effect. Ecuador confirmed that transmission was eliminated, and in July 2013 formally requested verification from PAHO/WHO.

7. Guatemala and Mexico will complete their three years of post-treatment epidemiological surveillance in all of their foci in 2014 and, depending on the results of epidemiological assessments, could then request verification from PAHO/WHO.

8. In its focus in the Amazon, Brazil has been implementing a quarterly treatment regimen (4x/year) (4), in highly-endemic and meso-endemic communities since 2010 in order to accelerate the elimination process, while continuing the traditional regimen (2x/year) in the rest of the communities, bringing the country close to the goal of elimination.

9. Venezuela has interrupted transmission in two of its three foci. It will complete three years of post-treatment epidemiological surveillance in its North-Central focus in 2013 and could achieve elimination. Venezuela has also initiated post-treatment epidemiological surveillance in the Northeastern focus in 2013. In the Southern focus, where transmission continues, 9,615 people in 205 communities in Yanomami endemic areas are eligible for treatment. In highly-endemic and meso-endemic communities, Venezuela is implementing the quarterly treatment regimen (4x/year) (4), while continuing the two-round regimen in the rest of the communities.

10. Through scientific articles published in indexed journals (4-13), the countries have moved forward with the dissemination of scientific evidence that supports the achievements attained. In addition, since 1996, corresponding data are published annually in WHO's [*Weekly Epidemiological Record*](#).

11. The guidelines and procedures developed by OEPA with the participation of PAHO have been adopted by WHO and used in the countries where onchocerciasis is endemic.

Challenges

12. The Yanomami focus, shared by Brazil (Amazon focus) and Venezuela (Southern focus), is the final major challenge to eliminating onchocerciasis from the entire Region. This focus presents particular difficulties: (a) a population and geographical area split by a political border; (b) a difficult physical access in both countries (jungle area); and (c) the affected communities are nomadic. Accordingly, the logistics required to reach this endemic area involves high logistic and operational costs, which currently makes it difficult to provide comprehensive care to the communities and achieve the required treatment coverage.

13. Another challenge is to ensure that once transmission of the disease has been interrupted, the countries: (a) continue surveillance activities to detect potential recrudescence (14); (b) document the process and request verification from PAHO/WHO once elimination is achieved, as was done by Colombia; and (c) address the challenges of the post-elimination period.

Next Steps

14. In view of the current situation analyzed in this report, the following steps are recommended going forward:

- (a) Issue a strong call for coordinated binational action in the Yanomami area (Southern focus in Venezuela and the Amazon focus in Brazil) for political decision-making that supports the implementation of the actions necessary for elimination of the disease. Furthermore, a plan of operation should be defined for the next five years, and treatment and comprehensive care should be provided in order to meet the goal to interrupt transmission in 2015 and eliminate onchocerciasis in 2019 (Annex C). This should be carried out within the framework of protecting Yanomami territories and employing an intercultural approach (15, 16).

- (b) During the three years of post-treatment epidemiological surveillance, promote the adoption of education and community participation methodologies through the integration of other public health programs and the maintenance of monitoring and evaluation in order to document and sustain the goal of elimination.
- (c) During the post-elimination phase, maintain an ecosystems approach that considers the determinants of health and includes epidemiological surveillance activities. This should be accomplished by integrating interventions to address neglected infectious diseases other than onchocerciasis and continuing to strengthen self-sustainability, primary care services, and the integrated sectoral and intersectoral approach (access to health services, education, housing, safe water, and basic sanitation).
- (d) Recommend that OEPA, with support from PAHO/WHO and in coordination with the six endemic countries and partner agencies, lead the impact assessment of elimination of onchocerciasis from the Region of the Americas and promote the publication of lessons learned so that they can support the elimination of other diseases.

Action by the Directing Council

15. It is requested that the Directing Council take note of this Progress Report and formulate additional recommendations that it considers pertinent.

Annexes

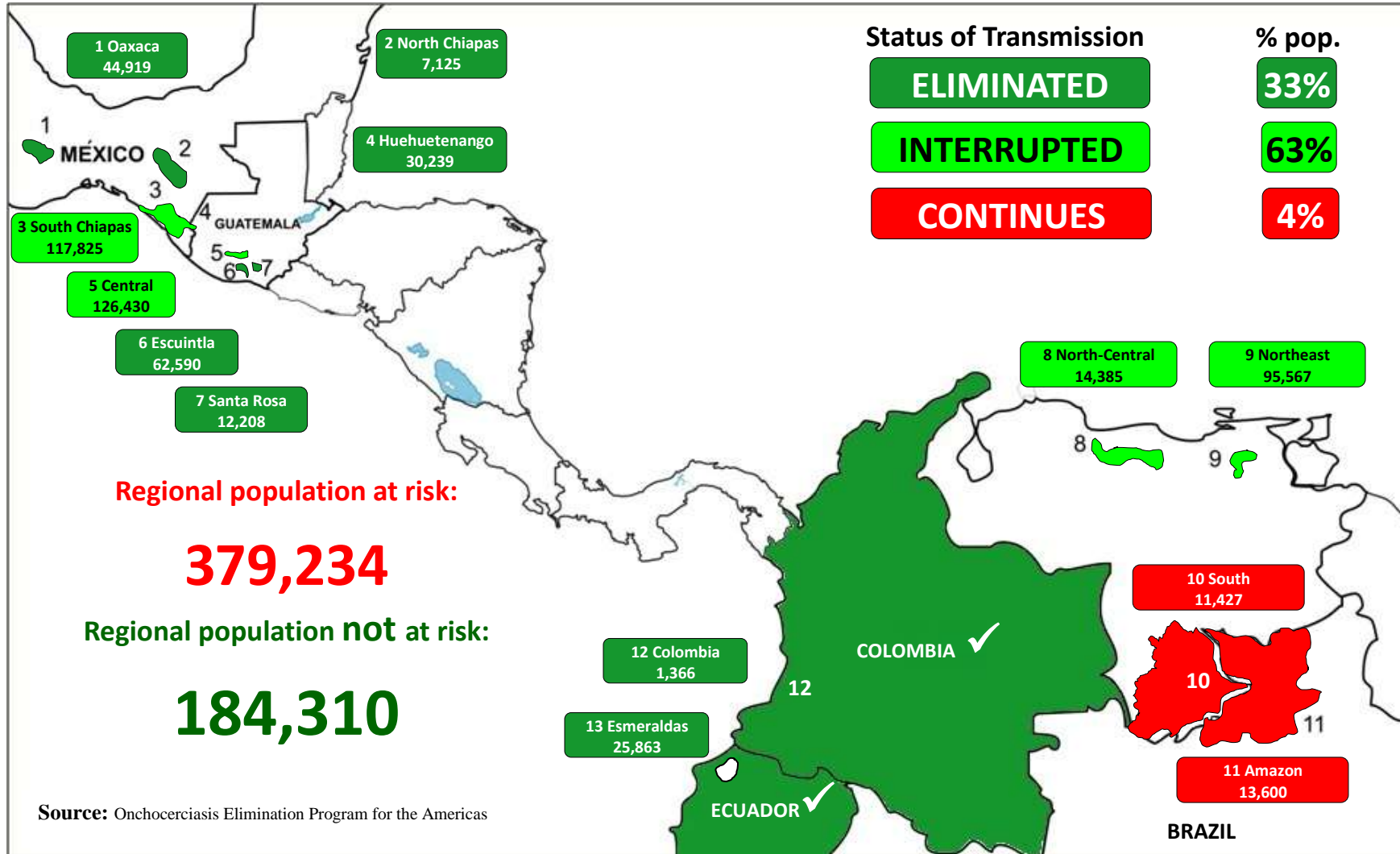
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Geographical Distribution of Onchocerciasis and the Status of its Transmission in the Americas, April 2013




**Current Status of Ocular Morbidity and Its Transmission in the
Region of the Americas, 2013**

Focus	Endemic communities	Population at risk	Population not at risk	Population under post-treatment epidemiological surveillance	Population eligible for treatment	Status of transmission
Escuintla—GUA	117		62,590			Eliminated
Santa Rosa—GUA	37		12,208			Eliminated
Northern Chiapas—MEX	13		7,125			Eliminated
López de Micay—COL	1		1,366			Eliminated
Huehuetenango—GUA	43		30,239			Eliminated
Oaxaca—MEX	98		44,919			Eliminated
Esmeraldas—ECU	119		25,863			Eliminated
Central—GUA	321	126,430		126,430		Interrupted
Southern Chiapas—MEX	559	117,825		117,825		Interrupted
North-Central—VEN	45	14,385		14,385		Interrupted
Northeastern—VEN	465	95,567		95,567		Interrupted
South—VEN	10	11,427			9,615	Continues
Amazon—BRA	22	13,600			10,880	Continues
Total	1,850	379,234	184,310	354,207	20,495	

Source: Onchocerciasis Elimination Program for the Americas

Expected Timetable to Achieve the Elimination of Onchocerciasis Transmission in the Endemic Countries in the Americas

Country	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
Colombia		PTS			2011	 PAHO/WHO has verified onchocerciasis elimination in Colombia in 2013.							
Ecuador				PTS			2013	 Ecuador formally requested verification of elimination from PAHO/WHO.					
Guatemala						PTS			2015				
Mexico						PTS			2015				
Brazil										PTS			2019
Venezuela	Yanomami Area									PTS			2019
	Last year of mass drug administration.												
	Post-treatment epidemiological surveillance phase (PTS).												
	Year in which the country could request verification of onchocerciasis elimination from PAHO/WHO.												

Source: Onchocerciasis Elimination Program for the Americas (OEPA).