Letter to the editor

Sargassum invasion in the Caribbean: the role of medical and scientific cooperation

Dear Editor:

Intensive oceanographic research to explain causes of the Sargassum seaweed invasion in the Caribbean should not overlook the potential risk of human airborne poisoning (1). Acute inhalation of hydrogen sulfide (H$_2$S) produced by matter decomposition after 48 hours may result in potentially fatal hypoxic cardiac, respiratory and neurological failure. Chronic exposure to H$_2$S may additionally produce neurological and cognitive impairments (2).

An alarming number of consultations and hospital admissions related to the effects of both acute and chronic exposures among the local population has been reported in the Caribbean since the beginning of the year 2018 (3). Along with environmental and economic preventive measures, the regional emergency plan addressing this enigmatical brown seaweed assault requires a public health perspective, including H$_2$S level monitoring on affected beaches. This will require the training and deployment of doctors for monitoring, as well as experts in toxicology, in the involved areas (4).

There is a pressing requirement for the scientific community to understand the causes of these recent occurrences and to provide potential remedial solutions, as these invasions could have significant negative impacts on marine ecosystems, as well as economies including tourism, and healthcare programs for local Caribbean communities. In this context of climate change affecting the Caribbean islands, fight against Sargassum could become the catalyst for large-scale common ambitions. To answer the health and economic questions posed by Sargassum in a coherent way, implementing a common research-based long-term strategy appears to be an appealing idea.

First, the effective protection of the populations against H$_2$S emission from Sargassum decomposition requires the adequate knowledge of H$_2$S and ammonia emissions, their degree of toxicities and effects on the environment. Secondly, regional medical cooperation is the only major asset to combat this scourge. Only by this way, we can bring tangible and lasting answers. Meetings between representatives of the Eastern Caribbean States (OECS), the Pan American Health Organization (PAHO), the Caribbean Public Health Agency (CARPHA) and the Caribbean Community (CARICOM) are necessary to create common protocols to fight against Sargassum.

Health authorities need to work together to address this recurrent and extensive problem, which to date does not appear to have commenced. This problem affects many territories, and thus cannot be solved by individual country action. It is therefore imperative that the scientific community, both regionally and internationally, launch and maintain a joint cooperative approach to find solutions, as this phenomenon could travel well beyond our shores.

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REFERENCES


